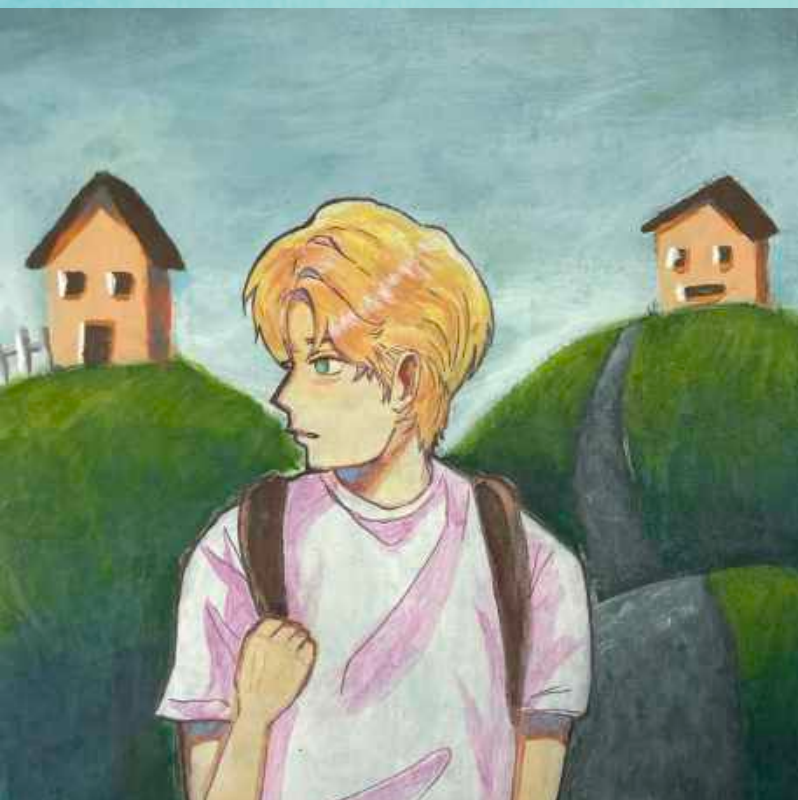




FHS
2023









FRASER HIGH SCHOOL
Te Kura Tuarua o Taniwharau

**HE PIKO
HE TANIWHA
HE PIKO
HE TANIWHA**

HIGHLIGHTS

CELEBRATING CULTURE

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KAFI ASHKIR



My time in this position has been fulfilling. I formed relationships with inspirational figures and learned more than I thought I ever would. Each project I worked on helped me develop management skills I'll have forever. I am grateful for all of this.

On the other hand, it hasn't always been sunshine and rainbows. Juggling in and out of school responsibilities along with academics felt like a thunderstorm sometimes. However, I learned from making mistakes that losses in life were inevitable.

Through constant self-reflection, I learned that it is best to just learn from your mistakes and not dwell on them as that will only pull you down further.

Do not let your mistakes define you.

Yes, success is awesome, but don't punch yourself for not achieving it all the time and immediately. Mistakes are a part of life. They are the stepping stones to your goals, each one a valuable lesson.

For those trying to become the best version of themselves, I implore you to keep doing just that. However, don't be so hard on yourself when you stumble. Forgive yourself and learn.

Best Wishes,
Kafi



OLIVIA HAWINKELS

The first day of high school was terrifying. It was the beginning of a new chapter where anything could happen. And now, with our last official days just around the corner, this chapter is coming to an end. And it's petrifying once again.

We can hopefully look back at how fun yet challenging the journey these past 5 years has been. There've been happy moments, sad moments, annoyed moments, the whole shebang. We've met so many people and made many meaningful connections with classmates, friends and teachers. And our most meaningful connection of all: Google Classroom, which allowed us to connect when communication became a challenge.

For many of us, 2023 has not been easy. Achievement standards became harder and the motivation dimmed or was lost altogether. Procrastinating the completion of assessments became longer... even to the point where teachers called you out in your progress reports... Although admittedly, we know they're just looking out for us.

Thinking about the next part in our lives is daunting. We get to further define and refine our own path without someone holding our hand along the way. Thirteen years, done and dusted. Some days it feels like it's taken too long, especially on those last period Fridays when the weekend was shouting at us to get out of class. But it also feels like some of those days weren't long enough.

Over the past year we have constantly been asked "What will you be doing next year?" If you can answer that question, then you're one of the lucky ones. For others they may not know at all. There is no rush to know, everybody's path is different.

So don't forget where you came from, the people who supported, cared and laughed with you. These past five years have taught us in some way shape or form about the challenges we now face and now it's time for us to put these lessons into action.

It's been a privilege being one of your head students. This is Liv, signing off.



THOMAS GARDNER

Ka whati te tai, ka pao te torea. When the tide recedes, the oyster catcher strikes. This whakatauki reminds us to seize opportunities as they come, because they disappear again as quick as a wave can wash the beach.

Each of us is standing at a crossroads; some of us are entering the workplace next year, while others are beginning tertiary education, taking a gap year, or carrying out some other plan. And as we prepare to part ways, looking hopefully into the future, I can't help but be drawn to reflect on the time each of us have spent here at Fraser.

I remember my very first day here: a brand new year 9, a small fish in an impossibly large pond. I remember making friends, desperately trying to find what classroom I was supposed to be in, and occasionally procrastinating doing my homework a little too long. Since then each of us have grown and matured from children to young adults.

In the past five years, we've learnt not only from our teachers but from one another. We've grown up alongside each other, maturing differently not only as individuals but as a group. They say it takes a village to raise a child; our cohort served as a significant part of the village.

As you head off into a future beyond school, I ask you to reflect. Did you, like the oyster catcher, strike when the tide was out? Did you take the opportunities you were given? If you could live through Fraser again, what would you change? Perhaps, as we begin our new lives as members of society outside of Fraser, Fraser may have one final lesson to teach us, if we only listen.

As we begin forging our own path, let's remember to seize the opportunities that come our way, as the humble oyster catcher does. I look forward to seeing the amazing things the class of 2023 is yet to do. Congratulations, everyone.

KEIRA LANDON

Talofa lava, Kia orana, Malo e lelei and many warm Pacific greetings to you all! O lou igoa o Keira Landon and I am one of Fraser High School's head students for 2023. O le nu'u o lo'u aiga o Faleasiu, Upolu. I am from the beautiful islands of Samoa. I'm extremely proud of my culture and heritage.

One of my many aspirations is to contribute and give back to our community. I constantly seek ways to give back to those around me. It's a privilege to support our students, staff and faculty to become the best versions of themselves that they possibly can be.

I hope I have been a role model for our tamaiti at Fraser High School, and encouraged them to further engage in their learning. This year I have strived to develop stronger relationships with my peers, strengthened my leadership skills and grown as a person.

"E so'o le fau i le fau"; Unity is strength.



2023 GRADUATES



YEARBOOK

2023 FRASER

2023 FRASER

YEARBOOK



2023 GRADUATES

GRADUATION WITH HONOURS

Kafi	Ashkir
Caprice	Beets
Dallas	Belbin
Tajah	Button
Alexandra	Carmichael
Grace	Chapman
Ella	Clarke
Alyssa	Crossfield
Holly	Daji
Ruby	Donnellon
Paige	Fletcher
Thomas	Gardner
Taylah	Garrett
Dylan	Harding
Olivia	Hawinkels
Thomas	Hicks
Chariza	Hill
Sasha	Horrack
Ella	Houghton
Walter	Hughes
JP	Janse van Rensburg
Rome	Keung
Keira	Landon
Jennifer	Linton-Brown
Blake	Marshall
Kitana	Marshall-Leef
Devante	Matchitt
Emma	Mather

Teariki	Matthews
Tylah	Matthews
Matthew	McLean
Sarah	Naish
Liam	Pettigrew
Greer	Pilkington
Daniel	Prangnell
Akangsha	Rawal
Jess	Richardson
Jade	Robertson
Annie	Ropati
Manraj	Sandhu
Emily	Schriner
Ali	Sharfo
Danelle	Silverwood
Israel	Smith
Danielle	Taylor
Cassidy	Thickpenney
Finn	Thorley
Raihaan	Tiepa-McGregor
Ropata	Turangi-Joseph
Thijs	van Driel
Alysha	Watene
Makaira	Waugh
Aroha	Whaanga
Kiana	Whanga
Jessica	White
Diaz	Wihongi
Gwyn	Williams
Cailyn	Williams
Cade	Young
Khant	Zaw

GRADUATION CERTIFICATE

Tamaiti	Albert	Peter	McNickle
Faizah	Ali	Jazmyn	Meha
Ella	Auton	Nesian	Mika
Mica	Baking	Kayley	Neal
Riley	Barrett	Angelina	Nelson-Kiel
Kenny	Buenavista	Cassidy	O'Callaghan
Iare Fem	Bulaco	Traci	Ogilvy
Daniel	Cave	Sapphire	Pheng
Meg	Chrystie	Saffron	Phillips
Daniel	Curle	Nathan	Prestidge
Oliver	Dale	Ashantae	Rapana-Adams
Rafael Keile	Dimla	Aastha	Rawal
Connor	Duffin	Mishell	Reddy
Ash	Duthie	Rico	Scott
Saskia	Elliott	Charlotte	Simpson
Sophie	Elliott	Maria	Taie
Siaosi	Fihaki	Jaxon	Tate-Ward
London	Finau	Teikauea	Tienang
Xiandrevk	Gines	Maximus	Tofa
Madison	Goodwin	Matareu	Toko
Iverson	Harris	Seini	Toma
Raiha	Hepi	Rayne	Uerata
Ty	Johnson	Kennedy	Urlich-Conning
Jarvis	Kaka	Sandun	Warnakulasuriya
Nauvoo	Kaka	Ethan	Watson
Harley	Lambert-Ehu	Kaiya	Williams
Phoenix	Lilley	Lilly	Winter
Kanye	Matchitt		
Saul	McGregor		

STUDENT LEADERS 2023



**NGĀA NIHO O
TE TANIWHA**



**JUNIOR
COUNCIL**



**AIGA TASI
PRESIDENCY**



**SENIOR
COUNCIL**



**PRINCIPAL'S
ADVISORY FORUM**





SENIOR PRIZEGIVING & GRADUATIONS

On Thursday 2 November, we had the privilege of celebrating the achievements of our senior students, along with their families and friends, at our annual Fraser High School Prizegiving. We celebrated their resilience, perseverance, and courage to succeed. We hope everyone enjoyed the festivities, including the stunning and talented performances of our students.

The high calibre of our students is a powerful tribute to the resilience and determination of their whaanau, parents, and caregivers, who selflessly make sacrifices and devote themselves wholeheartedly to securing the best for their children.

Throughout Term 4, many different groups in our school had the chance to celebrate our students. We want to acknowledge the hard work and dedication of our Aiga Tasi and Hei Taniwha programmes for continuing to celebrate the excellence and achievements of our Maaori and Pasifika students.







Proxime Accessit

JESS RICHARDSON

Year 13

Distinction Mathematics with Statistics

High Distinction Geography

Top Year 13 Geography Student

High Distinction Health

Top Year 13 Health Student

High Distinction Tourism

Top Year 13 Tourism Student

Graduation with Honours

Proxime Accessit for 2023



DUX JENNIFER LINTON-BROWN

Year 13

High Distinction English - General

High Distinction Food and Nutrition

Food and Nutrition Award

High Distinction Health

High Distinction History

Top Year 13 History

High Distinction Mathematics with Statistics

The Beatrice Fraser Memorial Award for outstanding scholastic ability, personality and school interests

Graduation with Honours

The Russell Cup for Dux 2023

TOP AWARDS 2023



THOMAS GARDNER

Year 13

Distinction Physics

High Distinction Computer Science

Brown Cup for Excellence in Digital Technology Level 3

High Distinction English - General

High Distinction Mathematics with Statistics

Top Year 13 Mathematics Student

The Fraser Tech Past Pupils Association Service
Award for service to the school community and its
traditions

The Beatrice Fraser Memorial Award for outstanding
scholastic ability, personality and school interests



EMMA WALMSLEY

Year 12

High Distinction Art - Painting

Excellence in the Visual Arts Year 12

High Distinction Biology

Linda Danrell Memorial Trophy for Excellence in Level 7 Biology

Excite Trust Science Award for Top Level 7 Student

High Distinction English - General

Year 12 Excellence in English Cup

High Distinction Mathematics with Calculus

High Distinction Physics

Morrison Cup for Academic Excellence in Year 12



PATIENCE MULIAUMASEALII

Year 12

High Distinction Drama

High Distinction Music

High Distinction Pacific Studies

Senior Pacific Studies Award

Returning Student Scholarship

The Probert Family Award for General Excellence - Year 1



KOWHAI POPHAM

Year 11

Distinction Music

High Distinction Art - Painting

Excellence in the Visual Arts Year 11

High Distinction English - General

Year 11 Excellence in English Cup

High Distinction Mathematics

High Distinction Science

Top Year 11 Science Student

Kay Cup for Academic Excellence in Year 11



LEVI SMITH

Year 11

Distinction English - General

High Distinction Business World

High Distinction Mathematics

Top Year 11 Mathematics Student

High Distinction Media Studies

High Distinction Music

Joint Recipient of the Ian Edgerley Trophy for Comprehensive Excellence Year 11



ADARSHITA RAM

Year 11

Distinction Mathematics

High Distinction Business World

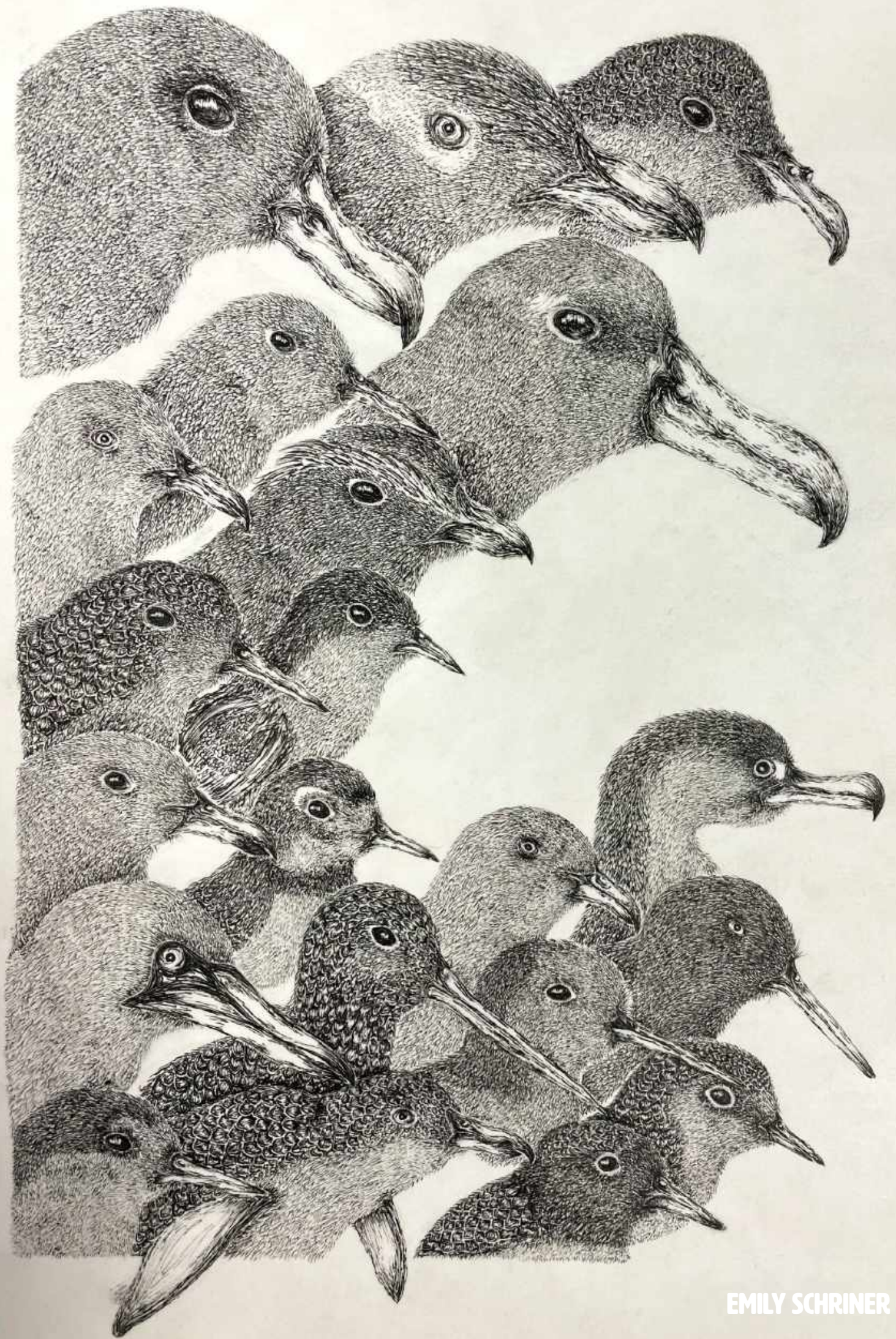
High Distinction English - General

High Distinction Health

Top Year 11 Health Student

High Distinction Science

Joint Recipient of the Ian Edgerley Trophy for Comprehensive Excellence Year 11



EMILY SCHRINER



HEI TANIWHA

Hei Taniwha is important to our aakonga. This is best described in their own words:

“Hei Taniwha provides us with many opportunities to embrace Māori culture. It creates a whaanau environment to support us throughout our time at kura.

WE ARE SUPPORTED TO EMBRACE OUR WHAKAPAPA AND LEARN MORE ABOUT OUR WIDER WHAANAU. BEING IN HEI TANIWHA GAVE ME A PLACE TO FIND WHO I AM.

It provides us with lots of opportunities to explore our future pathways, whether that be moving into another year at kura, going to study at university, getting an apprenticeship or heading into mahi.”

“Our Hei Taniwha kaiako support us in the way we need it. They are our aunts, uncles, koro, whaea, nans at kura. They look after us, feed us, give us awahi and are never short of advice.”

There were many highlights from our year.

Our noho at the beginning of the year, mid-year for Matariki and at the end of year.

We celebrated Te Wiki o Te Reo Māori as a roopu and with the wider kura. However, around here, every week is Te Wiki o Te Reo Māori! We started the week with a haerenga to Aramiro Paa. We also played ki oo rahi, created TikToks, gathered in the hundreds to sing *Tuutira mai ngaa iwi* during the Māori Language Moment and made pots of koohua kai (boil up).

We connected with our whakapapa, whaanau and our wider community through hosting manuwhiri and catering outside of kura wananga and kaupapa.

We also went on haerenga to Turangawaewae, Taupiri, Huka Falls, Science Spinners and attending Koroneihana.

Kapa haka provided a bonding experience of being together and performing. It felt amazing.

These moments influence our lives in many ways. For some of us, these were opportunities to go to our paa for the first time and make connections with our whaanau that were there. It also connects us to our tiipuna - we are singing the waiata they sang, doing the haka they did and walking in the places they walked.





AIGA TASI

'Aiga Tasi' translates to 'One Family' but holds much more meaning. This amazing programme has helped Pacific students here at Fraser, such as myself, grow and strengthen both academically and socially. Mr Si'ilata is the foundation of this programme. His heart of gold and team of amazing supportive teachers have touched the lives of many. They have had a huge impact on the way students work in and out of the classroom and help students learn more about their cultures and potential, both in and out of the classroom. As part of Aiga Tasi, I've learned a lot about my culture and made many beautiful connections. Aiga Tasi isn't just a programme: it's a family that unites and supports the students within it.

Written by Patience Muliaumasealii (Y12)

Being a part of the Aiga Tasi Programme from Year 9 to Year 13, you come to realise the massive influence each student has on one another. I have had many wonderful examples to look up to in A1 and I hope to leave the same example for others to follow. Over years, I have been blessed with with opportunities as part of as part of various committees and leadership groups. One of these roles was as a tutor for O Le Vaiaso O Le Gagana Samoa 2023. This was a tough process to persevere through with the school still trying to get back on its feet since COVID. In the end we came together and embraced our Samoan culture here at Fraser High School. With each celebration/event we always pulled through together as family and that's what Aiga Tasi is all about.

Written by Annie Ropati (Y13)





This year was filled with highs and mysteries, and many beautiful opportunities for learning and growth. Aiga Tasi (A1) is the foundation that has helped me stay grounded, humble and focused on my studies and goals. As the young ones in A1, it was important to build relationships with our older siblings (older A1 students). Knowing they were there for us always made me feel safe and welcome. I am so proud of my little siblings (A1 juniors) striving to keep the Aiga Tasi legacy alive. I hope to see more of Aiga Tasi from afar as I move to Auckland. Forever and always “One Heart, One Mind, One Family”. ‘Ofa atu famili.

Written by Topenisa Samisoni (Y11)

“O LE TAGATA MA LONA AIGA, O LE TAGATA MALONA FA'ASINOMAGA”

“Every person belongs to a family and every family belongs to a person”

Aiga Tasi is my second family and always will be. The people of Aiga Tasi allow me to be myself. “We are separated by land but connected by water” No matter what island we are from, we are all one family.

Written by Sani Lemaau (Y12)





He Puaawai

kia tupu, kia hua, kia puaawai.
to grow, to prosper, to flourish.

Young Parents' Centre

0800 218 788



HE PUAAWAI

MAA TE HURUHURU KA RERE TE MANU

We have had another wonderful year at He Puaawai Young Parents' Centre. In 2023 we saw the birth of 9 beautiful babies for our learning community. We love watching these little taonga grow and thrive alongside their amazing parents. This year, our mums and dads have gone from strength to strength in all areas of their learning; they have participated in multiple workshops and extra curricular activities, all while pursuing academic excellence through NCEA, alongside raising their tamariki.

A professional and personal highlight this year was He Puaawai's collaboration with The Waikato Wellbeing Project's 'Lots of Little Fires'. We worked alongside their team to create a short documentary about who we are and what we do at He Puaawai. I am thrilled at the opportunity to illuminate the voices of our young parents. On a societal level, unfortunately young parents are frequently

dismissed or ignored, and participating in the documentary was a deliberate and intentional way of taking up space and sharing our stories and experiences.

I am incredibly proud of the courage of our community to share so openly, and with such strength and vulnerability. Every single day, the learners of He Puaawai flips the script on the narrative of young parenthood. The positive and encouraging feedback we received from anyone who watched the documentary was absolutely beautiful. It reaffirmed for us at He Puaawai the importance of storytelling, connection and community.

Wishing all of our young parents and their beautiful tamariki a safe and happy summer. We are endlessly proud of you all. Every day, you show up with grace, courage and determination. Our team couldn't ask for a more amazing environment to work in. We are so lucky to walk alongside you all.







ADULT COMMUNITY EDUCATION

THE ROAD AHEAD LOOKS EXCEPTIONALLY BRIGHT



Fraser Adult Community Education (ACE) is a vibrant and inclusive learning institution that caters to individuals aged 16 years and older, with an amazing array of over 50 diverse courses offered each term. Whether you're looking to explore a new hobby, enhance your career prospects, or simply expand your knowledge, Fraser ACE offers a welcoming and supportive environment for learners of all backgrounds and interests.

Over the course of this year, we experienced some changes marked by the departure of a director, the interim appointment of a temporary director, and ultimately, the selection of a new director. During the initial phases, our primary focus was to ensure the seamless operation of the organisation amidst this period of upheaval. This journey had its share of successes and challenges, but in the end, we emerged triumphant.

This year we united and embarked on a fresh journey to rejuvenate ACE. Towards the end of Term 2, we welcomed the new Fraser ACE Director, Jan Tinetti. It quickly became evident that we had transitioned into the capable hands of another passionate and enthusiastic leader.

We thank Dani Edwards for her initial leadership, Peter Faulkner for his stability during a time of uncertainty, Amber Hughes for her unwavering administrative support, Adrian Kelly for embracing new

responsibilities and showcasing creative writing and design skills, and Jan Tinetti for working to reinvigorate Fraser ACE.

The future holds great promise for Fraser ACE. We eagerly anticipate offering a broader range of courses, introducing new and exciting tutors, and expanding our reach within the community. All of this will be achieved while collaborating with the incredible staff and utilising the outstanding facilities at Fraser High School and beyond. The road ahead looks exceptionally bright.





VOCATIONAL LEARNING

Vocational learning is essential for senior students to access real work opportunities and experiences. The Gateway funding enables students to gain access to workplace learning, which shapes their ideas, develops new opinions, and initiates discussions about potential opportunities. The Vocational Learning team liaises with universities, polytechnics, private training establishments, industry training organisations, and Waikato Trades Academy.

Despite the many challenges faced this year, Vocational Learning has managed to hit the TEC Target of 350 work placements. The team is proud of its achievement and acknowledges the support of many businesses.

Work placements are not guaranteed to lead to part-time or full-time work opportunities. However, the experience gained by the students is invaluable, and in many cases, they gain apprenticeships and work opportunities. These work opportunities provide meaningful experiences for the students, potentially provide real wages, and help instil principles of independence and a can-do attitude.

The department provides health and safety, forklift, and learner license courses, as well as CV and interview workshops. Vocational Learning also liaises with the Outward Bound for two scholarships yearly and gives career advice.

The work opportunities provided by the department teach students the value of a good work ethic, following instructions, and being dependable. The principles instilled in the students are beneficial to the students, their families, and the wider community.

“EHARA TAKU TOA I TE TOA TAKITAHU, ENGARI HE TOA TAKITINI”

This whakatauki acknowledges team effort: that one's success is due to the support and contribution of many.

Acknowledgements: NZ Police, Cushman & Wakefield, Pak n Save, Fulton Hogan, Torpedo 7, Place-makers, Metlifecare, Livingstone Building, NZ Defence Force, McDonalds, Campus Creche, New World, Gloster Engineering, North Power, Countdown, Schick Engineering, LM4 Group, Western Community Centre, APL Group, Connexis, Convex, ETCO, Envirowaste, Sarconic Boats.



THE HAUORA CENTRE

"OUR GREAT TEAM... HAS THE WELLBEING OF OUR AAKONGA AT HEART"

The Hauora Centre is a busy hub in the school. This year our nurses have helped over 600 students with medical needs and our counsellors have met with more than 300 rangatahi. That's a lot of appointments. How can we do that? Because of our great team of professional, skilled practitioners who have the wellbeing of our aakonga at heart.

Anxiety is a very common issue that a lot of students experience. This year, Petina ran an 'Anxiety Free' group which Pinnacle Health funded. Petina was able to access amazing resources to help the students challenge anxiety and move forward with a little more confidence.

Morning yoga is something we also offer in the Hauora Centre as a way of coping with the stress of life. Students are invited to participate in order to learn a life practice that is proven to help invite calm and positivity into our day.

This year our nurses ran a vision and eye testing clinic for the Year 10 students. Because of Covid, our juniors had not been able to participate in these kinds

of routine tests for many years. Several students were identified with vision and hearing needs, some quite profound. As a result, support was found in the community so that glasses and hearing aids could be accessed.

Mr Barris organized a Navigator's Group in Term 2, taking several of our tane on outdoor excursions. The boys were able to go surfing, paddling, pig hunting, hiking, participate in welding, art projects and service activities at the community centre. The people they engaged with on these trips helped open the boys' eyes to the supports available to them in the community and the way they can contribute to others as well.

Thanks to our wonderful staff and students for an amazing year. We look forward to welcoming you to our whare whenever you need support. We are always here for you.

Ngaa mihi,
The Hauora Centre team

OFF TO A GREAT START

WELCOME TO OUR NEW AND OLD STUDENTS!

It was a great start to the year as we welcomed our new and returning students with days full of connection and fun! The year began with a karakia and an address from Mrs Crawford and Matua Paora. The students broke the ice by enjoying various activities, from ball games to learning our haka. We also held a poowhiri at our wharenui, Te Taumata o te Maatauranga, to formally welcome our new Year 9 students and staff into the Fraser Whaanau. The new students were assigned their waka (house group) and everyone settled in for the term.

The first three weeks were full of excitement, energy and inclusivity. The students and staff worked together to make the beginning of the school year enjoyable and welcoming.

Students engaged in various activities organized by the school, which helped them to learn and develop their skills. Teachers and staff members were there to provide guidance, support and care.

We would like to take this opportunity to thank all the parents and caregivers for preparing their children for the best start to their school year. Your support and guidance have played a significant role in ensuring the success of our students. We look forward to continuing to work together to ensure that every student in the Fraser Whaanau gets the best possible start to their educational journey.







STUDENT LEADERS KICK OFF 2023 EARLY

PREPARING FOR A GREAT YEAR

Some of our Fraser High School student leadership groups had an early start to the year! The Ngaa Niho o te Taniwha and Aiga Tasi Navigators Student Council, both took time out during the school holidays to connect and prepare for the coming year. We are grateful to have such great aakonga (students) and kaiako (teachers) who prioritise their future and that of others.





FIRST WHOLE SCHOOL ASSEMBLY IN 3 YEARS!

**WE LOOK FORWARD TO NORMALITY,
WITH RHYTHMS THAT HELP OUR
STUDENTS TO THRIVE**

Friday 10 February was the first time we joined as a full school post Covid restrictions. It was a great opportunity to introduce the students to staff and key student groups and leaders. We also announced the winners from the previous week's waka (house) competitions... a draw across the scoreboard!





SADAF SAFA TOP NZ NCEA LEVEL 3 ART

Congratulations to Sadaf Safa, Fraser High School alum, for being awarded the top NCEA Level 3 art student in New Zealand, in 2022. A message from the artist:

'I have really liked art since I was a child, but sadly, I've never had the opportunity to do art in my life until I started going to school in New Zealand. It was in Year 11 that I had to select my courses for school. I was going through the courses and I saw painting, my heart said "yes I wanna do art!" Unfortunately at the time, Dad said 'no you have never done this (art), it's gonna be hard', so I chose photography instead.

I remember that the first time I walked into B block to find my photography class I ended up in art class. That was the moment that I regretted not choosing art. A year passed, I was Year 12 and I knew I had to give it a go. I told someone that I want to do art level 2 as my first year of ever trying art, and they said "Sadaf are you sure it's heaps of credits you might fail." I knew if I didn't do it now I never would. So I said to myself "I'm gonna give it a go. If I fail, I fail." I didn't fail. I was awarded an Excellence Endorsement!



ZEAL PHOTOGRAPHY MENTORING

Every week during Term 3 and 4 we had the pleasure of having our friends from ZEAL mentor some of our Y10 students who have a passion for photography. Our tamaiti have really enjoyed the opportunity to learn from experienced graduates who work in the field. This is a 10 week programme and our students loved it. Such an awesome way to plant the seeds of interest as a future career pathway as our students prepared to select their Level 1 NCEA subjects. Fa'afetai lava to our family at ZEAL for your partnership and support.





“LOVE BELONGS” PRODUCTION 2023

We had another successful school production, and it was truly amazing! This year, the theme was “Love Belongs” and it was all about remembering our ancestors, where we come from, who we are, and where we could possibly belong in this world. We were blown away by the incredible skills of our students and teachers who put in endless hours to create a spectacular show. The production team worked tirelessly on every part of the show, from auditions all the way to the final applause.

**“SHARE A PART
OF THEIR WORLD”**

Each performance was not just an opportunity for our students to showcase their talents, but also a chance for them to share a part of their world, culture, and/or life experience with the audience. It was a beautiful reminder that our differences are what make us unique, and that we can learn so much from one another.

Finally, we would like to express our heartfelt gratitude to whaanau and everyone who supported us throughout the whole process. Your unwavering encouragement and support allowed our students to shine and showcase their talents to the fullest. We couldn't have done it without you!





PRODUCTION



YEARBOOK

2023 FRASER



BRONSON BURGESS

“THE WRESTLING LAWYER”

Mr Burgess is a defence lawyer and solicitor of the New Zealand Court, and also a NZ Pro Wrestler. Mr Burgess shared his experience of facing hardships, persevering and setting goals to help him stay focused and committed to his identity, culture and passion. Fa’afetai lava for your words of encouragement and inspiration. Definitely an uplifting experience for our A1 students to see and hear from a Pacific role model who once walked the same path as they do now.



2023 UNIVERSITY OF WAIKATO SECONDARY SCHOOLS KILIKITI TOURNAMENT

It was an amazing day celebrating our cultures through music, food and sport. Vinaka vaka levu to our dear friend Aunty Sianiti and her wonderful team at the The University of Waikato for organising the tournament. We loved playing alongside our friends at Hamilton Boys, Sacred Heart, St John’s, Hillcrest and Hamilton Girls. Thank you Heavenly Father for the beautiful weather and safety upon our tamaiti. We look forward to 2024.



VOLLEYBALL REACHING NEW HEIGHTS

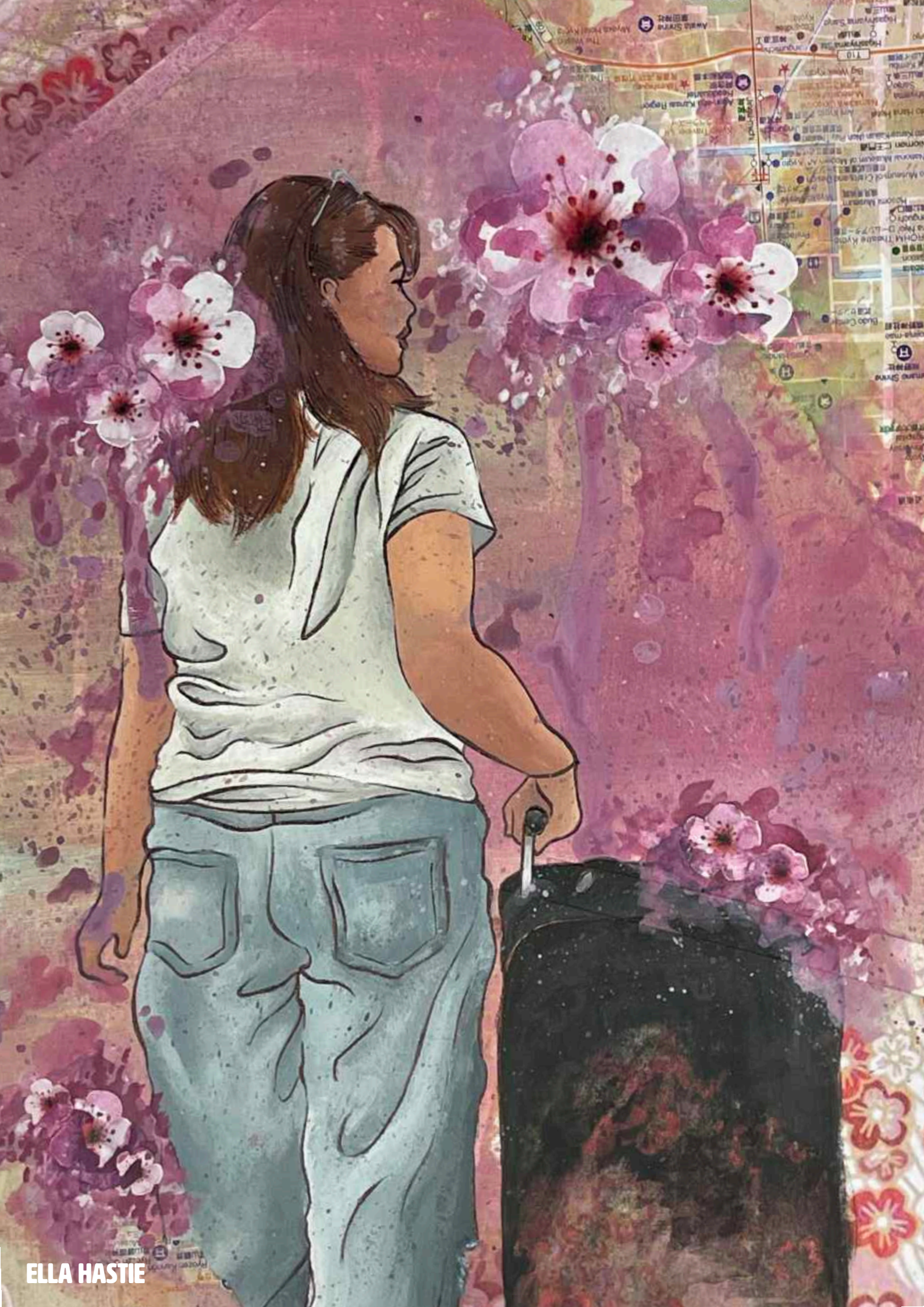
Our Fraser volleyball teams have been achieving success for a number of years, prompting a huge upsurge in the numbers of students competing in this increasingly popular sport.

The beginning of the year was highlighted with a young senior boys' team making the semi finals of the Waikato Volleyball Senior competition. They also performed well at the National Secondary Schools' tournament, Year 11 students playing against Year 12 and 13s.

Our senior girls' team also showed excellent growth and determination, winning the gold medal in Waikato Volleyball's division 2.

At the time of this report, the Fraser Junior Volleyball teams are currently competing. The Year 10 boys, coached by ex student Walter Walmsley, are currently leading the boys first division. The Year 10 girls, coached by ex student Tiana Landon, are currently in the top three of the girls first division. Finally, the Year 9 girls are leading the Year 9 division and playing some excellent volleyball.





GUARDIANS OF THE SKY

KOBE CROSSFIELD, Y11

The sun rumbled that day, the fire became cold.
The day sunk in, the sun anchored.
The sky became green as the sun was yet to set, the beginning of a new era.
Days frosted, nights slid past unheard.
He groaned, our tears dried in place as our heads lifted.
Days prolonged time as our hearts became weak.

The moon shifted, low in the night sky, mellowed with disease
Scattering, as if it was her final goodbye
We bellowed deep, souls struck with sorrow
We missed the final call, although tempted by remedy
Chords of misfortune, echoed by plead

Distraught, once an unfamiliar feeling
Tides less harmful as the moon sighs
The day was appearing, yet to most untold
The sun had discoloured, filled with grief
The moon had wakened, as the wife had met her chief

The people sang harmonies from below
Separated by the unsure, united by the known
The city had calmed, for their unfortunate loss
Rivers merely flooded, as weeping was the cost
Plentiful by nature, scattered by soul
We'd been the ones to dig that deep hole

Six yet from me, silent with a pain, my oh my will the days ever frair?
Five unspoken, narratives untold, digits per glass, ages of the old
Four was the number, times have changed, never, no never will life be regained
Three for the little ones, distant and unsure, memories tangled, pray to endure
Two leads lost, carriages drift away, must we rekindle the memories of that day?
One final child, lost in soul, the eclipse yet to come with the poem he holds
Back out to sea, canoes hold two, a place of peace is all that they knew
A forested valley of which they hold dear, much like an island with a touch of despair
Daggerlike shark teeth, pierce their gaping wounds, their last gasp for air is a riveting tune

The waves soar high as canoes do too, separated by void like the heart of the moon
Bellowing cries and a thunderous sound, both callers know that they
won't reach the ground

AIGA TASI WELCOME BACK DANCE 2023

We were grateful to see so many of our students, families, teachers, and members of our Fraser Board of Trustees attend the welcome back dance this year. It was a wonderful evening that allowed us to begin the year together and build our unity.

We would like to extend our deepest appreciation to everyone who donated towards our Cyclone Gabrielle Relief sausage sizzle. Together, we were able to raise \$301.90 from our sausage sizzle. We are truly grateful for your support.

We also want to give a huge thanks to the Gray whaanau, who were our amazing DJs. Furthermore, we are grateful for our student cooks, set-up and clean-up crews. We would also like to acknowledge the incredible MCs, Patience and Rheagan, who brought immense energy and vibes to the evening. A special mention goes to our A1 Alumni for ensuring the safety of our students by being our security for the evening. We are thankful to Mr Leota for organizing the beautiful lighting which set the perfect mood for the evening. It was an incredible experience to have a dance in the School Quad, and it's an evening we'll all remember.



YEAR 9 AIGA TASI TALANOA AKO 2023 GRADUATION

Throughout Term 1, our families met one night a week to discuss a variety of topics to help our Year 9 students with their transition into secondary school. The relationships we have built with our whaanau will strengthen our foundation as we continue our journey into the future.

Huge thanks to our A1 Navigators for making all the ula lole for all our Talanoa Ako Graduates. Meitaki maata for being wonderful Tuakana to our Y9 tamaiti.



AUCKLAND ASB POLYFEST 2023



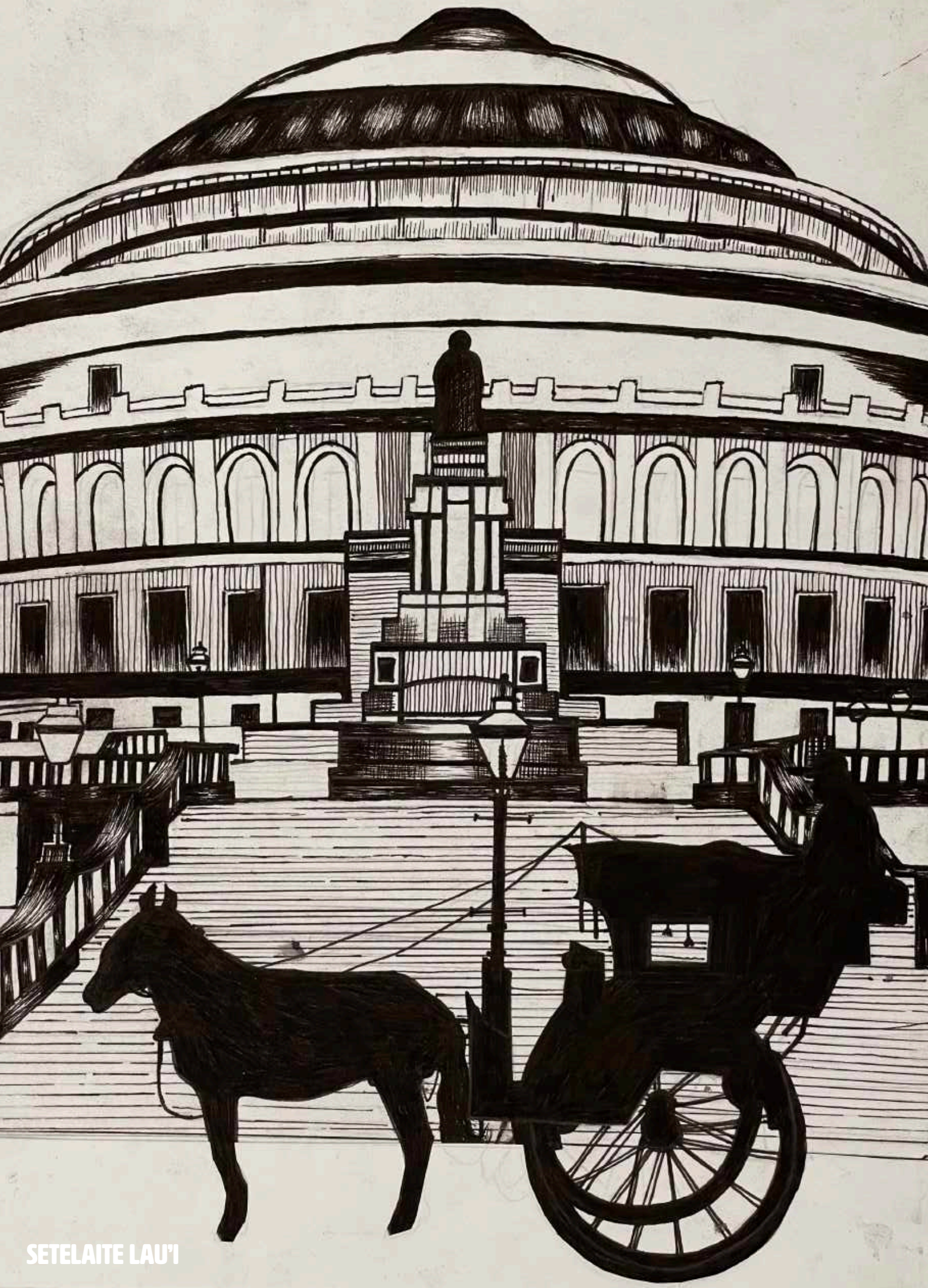
This year, our Senior Pacific Studies classes travelled to Manukau City in Taamaki Makaurau to experience the 2023 ASB Secondary Schools Polyfest. Such an awesome day to celebrate all our Pacific languages and cultures through amazing performances, yummy food and beautiful singing. Our tamaiti had so much fun and they were definitely inspired to share their learning as part of their Pacific Studies curriculum.

WILLIAM HELU - IKALE TAHI TONGAN RUGBY RWC

During Tongan Language Week, we held a special assembly to celebrate Uike Lea Faka-Tonga. We were blessed to have Mr William Helu as our guest speaker to share his amazing experiences of his professional rugby career and education journey. Mr Helu proudly represented Tonga in the national Ikale Tahi Rugby

Team which played in the 2011 and 2015 Rugby World Cup. William is now a lecturer at Wintec Te Puukenga for the Sports Science and Human Performance Faculty. Malo 'aupito Will for your inspiring words of mafana and encouragement.





KOROWAI WORKSHOP AT HE PUAAWAI

In Term Two this year, He Puaawai students crafted stunning new korowai for their peepi. Each stitch was made with care, as they selected colours and designs to create truly special pieces.

We are grateful to our tutor, Haylee, for teaching us how to make korowai. She brought in all the materials such as sewing machines, feathers, taaniko and the cloth. We each began by picking the colours of our korowai. We then measured out our materials and started sewing the taaniko and feathers onto the cloth.

Working together, our mothers asked questions, shared their skills and learned with one another. The workshops took place across two days. Their determination and focus was clear with every row of feathers, each one a testament to their love and devotion. Someone mentioned 'this is like the taaniko that my mum and aunties use'.

We couldn't wait to see the babies in their very own korowai. These korowai are special because they are something our children can keep forever. It was an awesome experience for all of us parents at He Puaawai.



KAPA HAKA GALA DINNER 2023

Who we have been, who we are, and who we will continue to be as a kura is woven and passed on through the art of kapa haka. We believe it is important to continue to acknowledge those who have gone before us, empower those who are with us, and inspire those who are yet to come.

It is our endeavour to continue to acknowledge, sustain, grow and inspire the past, present and future generations of our students and beyond. That is why Kapa Haka is such a precious artform to safely share the taonga that we have as a kura.

This year, we welcomed our tutor, Vance Tuwhangai. She brought her skills, experience and passion for Kapa Haka, having recently competed at Te Matatini and growing up in te ao o kapa haka. About a third of our aakonga had never done kapa haka at Fraser High or at all. This was a new experience for them and while it had its challenges early on, it was extremely rewarding to see how far all of our aakonga had come when they stood in front of their whaanau and then at the Fundraising Gala Dinner on Friday 13 October.

Our Fraser High Kapa Haka has the goal of returning to the competitive stage at the Tainui Secondary Schools Kapa Haka Competition in 2025. We will continue to build in 2024, hone skills and grow our

kapa haka repertoire. As part of our goal to compete at regionals in 2025 we hosted our very first Kapa Haka Fundraising Gala Dinner. This was a wonderful experience and time for our community and ourselves. We would like to acknowledge the tautoko of the following people and groups:

- Kai from The Cook and Ru's Kitchen
- Michael Moore, Kurtis Murdoch
- The Plant Depot, Irene Photography, TKD Events, DirectGroup Uniform & Auaha Marketing
- Te whaanau o Kapa Haka - the parents, whaanau, caregivers and supporters of our performers, we would not have been able to do what we did without your tautoko.
- Our special guest performers - Rico Scott and Gwyn Williams, Patience and Lamoni Muliaumaseali'i, and Kiearn Vahai.
- Our ringawera and kaimahi who worked tirelessly on the evening in the set up, during our gala and at the end.





AIGA TASI FLAG DAY PARADE & FOOD FESTIVAL '23



The parade was a beautiful experience watching our tamaiti express their pride in their cultures and also support their peers. Every one of the 12 Pacific Nations that we celebrate with our Language Weeks was called out one by one as we danced a lap of honour around the quad.

Food is sacred for many of our cultures as it brings whaanau together to celebrate and unite. On this day, our A1 community did exactly that and provided kai for all students at Fraser to experience a taste of Pacific cuisine. This was a great way to end the term.

TARUN KUMAR RECEIVES LEADERSHIP AWARD



In September 2018, Soni Samaj (social/cultural nonprofit organisation) faced a crisis as the entire committee resigned. During the AGM, no one volunteered to lead the organisation. Tarun Kumar Pragji, recognising the importance of the survival of the organisation, volunteered to keep the Samaj alive. The trustees requested him to take up the leadership position. Within half an hour, Tarun convinced ten other members to come on board to run the Samaj, which survived and flourished under his leadership for four years.

Tarun and his team planned and implemented new activities and programmes, and prepared younger members of the Executive committee to take up leadership roles. In September 2022, he stepped down to support younger members to run the organisation.

This year, during their Father's Day celebration, Tarun received a Leadership Award for his services, acknowledging his successful leadership of the New Zealand Soni Samaj for four years.

CHILD DEVELOPMENT

Practical play sessions with young children are a part of our Child Development course. We make imaginative and creative resources for the under 5's to play with, and then closely observe the learning and development that goes with those activities. Health and Safety is a huge part of our course as we check to see if there is anything in the play environment that could be harmful to the child.

The aim is for the children to have a safe and enjoyable experience with the toys and equipment. Our students had play sessions this year in the classroom and enjoyed the combination of theory and practical lessons that reinforced their learning.



FRASER SPORTS DAY

Sports Day was finally back with FULL force, and it was an event to remember! On Wednesday 1 March, Fraser held its first Sports Day since 2020 and the excitement was contagious. It had been so long that the last time there was a school-wide sports day, the Year 13s were only Year 9s! But this time, everyone was ready to show off their skills and represent their waka with crazy costumes in their respective colors.

The event was packed with different events, including track events, volleyball, javelin, shot put, discus, and long jump. The sun was shining brightly, and the energy was palpable. The participants and spectators alike brought their A-game to the event, making it a day to remember.

Whether you were competing or supporting from the sidelines, the Fraser Whaanau brought both energy and enthusiasm to the day. The cheers and encouragement were non-stop, inspiring everyone to do their best and push their limits. It was truly a day of sportsmanship, team spirit, and pure fun.

Overall, the Fraser Sports Day was a massive success, and it left everyone eagerly anticipating the next one. The memories made on that day will be cherished for a long time to come.







2023 FRASER

YEARBOOK



FRASER SPORTS DAY



On Wednesday 1 March, our Aiga Tasi students ran a canned food drive collecting food as part of Cyclone Gabrielle relief.

We would like to express our gratitude to all our Fraser Community for supporting the Canned Food Drive. Our students collected many donations of canned food and trays of bottled water. Thank you for joining us as we help our whaanau who are in desperate need to rebuild their lives and homes.





DAFFODIL DAY

On 25 August, our Junior Council came together to raise funds for the Cancer Society. They showed their support to those fighting against cancer by setting up a stall in the quad where they sold beautifully decorated cookies and daffodil badges, each for a gold coin donation. All proceeds were donated to the Cancer Society's cause. The team did an amazing job, and their act of kindness and generosity is truly commendable.





PAARAAWERA POUKAI

On Thursday 9 March, a roopu from kura made the haerenga to Paaraawera Marae to tautoko the annual poukai. The poukai at Paaraawera is significant because it is not only the oldest poukai, it also marks the beginning of te rauna poukai.

It was an absolute delight and honour to firstly be welcomed on, and then be part of the poowhiri to welcome Kiingi Tuuheitia Potatau Te Wherowhero VII and other manuwhiri on to the marae.

Our aakonga soaked up the atmosphere and thoroughly enjoyed combining with other schools and hau kaainga to perform waiata aa-ringa as Kiingi Tuuheitia and manuwhiri filed in to the wharekai for the kaihakari.

One highlight was the honor and privilege to be shown a special taonga, Kiingi Taawhiao's earring, which the hau kaainga have been entrusted to safe guard.

We extend our gratitude to the hau kaainga for making us feel so welcome. A special thanks to all the ruhuhi and aunties who selflessly shared their experiences and historical koorero about the Paaraawera poukai with our aakonga. E kore e mimiti te puna a mihi ki a koutou.



60 HEI TANIWHA



ARAMIRO HARENGA

Towards the end of Term 3, we were given a special opportunity to visit Aramiro Paa. Our group consisted of six vans full of Hei Taniwha aakonga and kaiako, all of whom were eager and excited. For some, it was their first visit to the paa, making the occasion even more momentous.

Our students were dressed in their formal number ones, ready to show their respect and gratitude for the privilege they were being granted. Upon our arrival, we were welcomed by a karanga onto the marae, followed by a whakatau. We were humbled by the warm manaakitanga and generosity of the Aramiro whaanau, who treated us to delicious kai followed by waananga on whenua, te taiao, and te tuna. The students felt comfortable sharing their perspectives and a beautiful exchange took place.

Lisa, Tracy, and Tom were especially gracious hosts, sharing maatauranga and puuraakau of the surrounding whenua, leaving an indelible impression on our hearts and minds. We are incredibly grateful for the opportunity to have visited such a significant place, and to have had the chance to further strengthen our hononga with Ngaati Maahanga.

It was a transformative day that impacted us all in different ways. We came away with warm hearts, enlightened minds, and a sense of pride. Thank you, Aramiro whaanau, for opening your hearts and space to us. These memories and stories will be held close to our hearts. We will always remember the kindness and hospitality you showed us.







PAPER FOREST ART EXHIBITION

JOURNEY THROUGH THE FOREST

Our talented Year 12 and 13 Art students held a Paper Forest Installation. Their work highlighted stories and reflections inspired by our connection to trees both physical and metaphorical.

Each paper tree had the same starting point. Then our aakonga conceptually brought the tree indoors and to life. The students were invited to explore the concept of trees with a starting point of creating a rubbing or frottage of a real tree. From there they could communicate anything they liked about trees, from childhood memories, to fantasy, myths and folklore, to deforestation. Students were also introduced to installation art and how the work is made for a particular space for the viewer.



CATLYN BRUNTON



TYANA HAWKINS HAM



MATARIKI NOHO

In Hune, we held our annual Matariki Noho. This was an opportunity to increase our understanding of Matariki and experience some tikanga associated with Matariki. It was a time for our Hei Taniwha whaanau to re-connect, play games and have mean kai. After an early wake up, we stood around the umu kohukohu whetu, giving Taramainuku a morning gift. We remembered those who had passed, reflected on the year that had been and looked ahead to the coming year. Our noho was a chance to create long lasting memories with each other, funny photos and TikToks - "MATAAAAAARIKI"

Ko Matariki ki te rangi,
o Matariki ki te whenua,
Ki Te Taumata O Te Maatauranga,
Ki Te Kura Tuarua O Taniwharau,
Mahuta ake a Matariki ki te rangi,
He umu kohukohu whetuu ki te whenua,
He maharatanga ki a raatou maa,
E manakotia nuitia ana e ngaa
mano e ngaa tini.



RUAPEHU CLASS TRIP

In February, our geography class went on a three-day trip to Mt Ruapehu. During this trip, we experienced many things and built stronger relationships with our classmates. Unfortunately, we were unable to do the Tongariro crossing due to bad weather conditions. Nevertheless, we still managed to make the best of our time and embrace a change of scenery from our typical daily routines.

The lodge we stayed at had no reception or wifi, which meant we spent more time with each other. This was a challenge for most of us on the first day. We found ourselves huddling in a corner that had only one bar of reception that stayed for a good 30 seconds. Eventually, we gave up and stayed off our phones for the rest of the trip.

The lack of reception and wifi turned out to be a blessing in disguise as it allowed us to detach ourselves from our screens and take in the real world around us. Overall, it was an incredible and enjoyable adventure.



WAKA AMA NATIONAL SECONDARY SCHOOL CHAMPIONSHIPS

OUR YOUNG PADDLERS TOOK ON NATIONALS!

Our Waka Ama paddlers worked tirelessly to compete at the Waka Ama Secondary School Nationals at Tikitapu and their hard mahi paid off. This year we had one under-16 kootiro crew and one under-19 tama crew, along with a W12 entry and some W1 paddlers. They trained at Turangawaewae and Lake Kainui after kura and on weekends to prepare for the competition. Thank you to the whaanau who supported our paddlers with transport, fundraising opportunities, and encouragement leading up to nationals.

Our kootiro crew qualified and competed in the national finals for both the 500m and 250m W6 races. Despite facing challenges in the 250m semi-finals race, including a full restart, our kootiro crew persevered and emerged in the top 12 fastest finishers in the semifinal, making it to the final. In the 500m semifinals, the kootiro executed an excellent turn, and

though they came in second in time, they were the first team across the line that completed the turn correctly. We would like to congratulate them for placing 4th in the 250m and 8th in the 500m U16 Girls National Secondary School Waka Ama Championship Finals 2023.

The maturity of our rangatahi was evident in the way they handled each race. They travelled to compete in Rotorua against other kura from around the motu, and we are proud of them for taking the learnings on board and showcasing their incredible skills.

This year also saw us add new waka to resources. We are hugely grateful to the Tū Manawa fund, Sport Waikato, for funding our two new waka and trailer. We are so looking forward to getting these out on the awa and using them to prepare for our 2024 campaign.







NATIONAL SECONDARY SCHOOL RUGBY LEAGUE TOURNAMENT

We would like to congratulate our U15 Fraser League Team for competing at the Upper Central Zone - National Secondary School League Tournament. Our team played with mana and heart, and qualified for the New Zealand Secondary School League Tournament in Auckland.

Well done to all our players and a massive thank you to our coaching staff and whaanau who came out to support us! Nationals here we come!



NEW ZEALAND SECONDARY SCHOOL WEIGHTLIFTING SUCCESS

We acknowledge and congratulate Mason Osborne, who represented Fraser High School with mana and pride at the New Zealand Secondary Schools competition in Papatoetoe, Auckland.

Mason competed in the Under 15, 102+kg division and finished with the Bronze medal. We are very proud of Mason's accomplishment all his hard work led to a fantastic result.

A special thanks and appreciation to the Waikato Weightlifting Club, led by head coach Gabi Peach and supported by Fe and the Crossfit Te Rapa Team. Thank you for your amazing support of Mason in his first year of Olympic Weightlifting.

**KA MAU TE WEHI E MASON
YOU'RE INSPIRING, MASON!**



HE PUAAWAI LEARNERS



BRAIDIE REIHANA

My name is Braidie and I am 20 years old. I have a daughter, Kahleesi who is almost 4. I started at He Puaawai when I was 17 and my baby was 14 months. It took me a long time to find a place where I could study as a young mum. Other options I looked at did not have access to childcare. When I found He Puaawai, I moved towns so I could attend and get an education. I started with studying NCEA level 1, and now two years later I have almost finished NCEA level 3.

He Puaawai has supported me because we have a lot of one-on-one learning with our teachers. We have a schedule that works around being parents and we can tend to our babies if we need to. If we need support we have people to help us, like our counselor and our nurse. Gill is our mother hen and if there is something she can help with, she will. I am working towards my early childhood education and midwifery qualifications. I am confident that I have all the support I need here at He Puaawai to be able to succeed in these areas.



EVA CLARKE

My name is Eva Clarke and I'm a 15 year old mama to a 2 year old named Jericho. I faced so many challenges during my pregnancy and as a young mum, such as judgment and lack of support. I started attending He Puaawai 2 years ago when I was 13 and my son was only 8 months old. Since I've been at He Puaawai I have achieved NCEA Level 1 & 2 as well as many more achievements. He Puaawai has supported me throughout my journey as a young mama. Without He Puaawai I would be isolated without an education. I have grown, become stronger and connected with other people who are also young mums. The staff at He Puaawai have supported me not only academically, but with transitioning into adulthood. I am grateful for this place.

JAYMEE CHRYSTIE

Hi, my name is Jaymee and I am 15 years old with a 3 month old son. His name is Kenzo. I found out I was pregnant when I was a year 10 at another school and I felt the entire world on my shoulders. I was in a very bad place before my son came along, and even throughout pregnancy, it was a very rough ride in the beginning. I transferred to He Puaawai and they welcomed me with open arms. He Puaawai has helped me through many hurdles, and I have achieved so much while being here. To me, this school feels like a second family. A second home. And I am so grateful to have brought my beautiful son into the amazing environment shared here. He Puaawai has encouraged me to push through many struggles, and has even convinced me to stay until Year 13. I love this place. I have become confident, stronger and more successful than anything by being here, and I love sharing my story with other incredible young parents at He Puaawai.







HEI TANIWHA & AIGA TASI AT SCIENCE SPINNERS CREATIVE LAB

HEI TANIWHA:

A group of talented aakonga (Tau Iwa (9) - Tau Tekau maa Toru (13) students) had the opportunity to visit Science Spinners, an innovative platform designed to promote the fascinating fields of science, technology, engineering, and mathematics (STEM). The visit was a great experience that ignited their curiosity and creative thinking, inspiring them to become the next generation of problem-solvers and innovators. Through dynamic workshops and interactive activities, our students were able to explore the wonders of STEM and discover the endless possibilities it offers. The visit was a unique opportunity to witness the real-world application of these fields and how they shape our daily lives. The event left our students feeling inspired, and intrigued by a career in STEM.



AIGA TASI:

This was a day of fun and interactive learning as our A1 team experienced Science Spinners at Claudelands Arena.

The day was spent seeing Science, Technology, Engineering and Mathematics in action through hands-on activities such as using ultrasound to examine a beating heart, making ice cream by hand with salt and ice, working with robotics, practicing algorithms, and examining different types of wood materials.

Students were also challenged to solve real problems in our environment such as urban planning, environmental care and cardiac health. We hope this outing opened their eyes to the future career possibilities for Maaori and Pasifika that are at their fingertips.



EVOLOCITY COMPETITION

After the disruptions of the past few years, it was great to be able to participate in the Evolocity challenge once again. The competition involves schools from across New Zealand competing in regional competitions by constructing an electric bike, kart or scooter. The competition provides an opportunity for real-world problem-solving and team building.

Two teams from our Year 13 class built their electric scooters, with one being completed just the night before the competition. Unfortunately, this didn't allow for testing before competing and it was discovered on the day that it wouldn't accelerate.

Despite this setback, the team played their part on the day and ended up receiving a third-place award for their engineering design. Our other entry performed without any issue throughout the day and received the second place for electronic innovation, as well as the first place for overall performance.

Congratulations to those who competed on the day including, Daniel Curle, Rafael Keile, Connor Duffin, Wolfgang Nitz, Daniel Prangnell, Rico Scott, and Gwyn Williams



NEW ZEALAND SAILING TRUST

EXPLORING AOTEAROA FROM LAND TO SEA

From 22 - 26 May, a group of Fraser students were invited on a week-long trip supported supported by the Sir Peter Blake Trust. We learned a multitude of skills, ranging from how to put up a sail to how to cook on an oven supported by a gimbal.

On the first day, we got used to the feeling of being on a boat. By the second day, we were in rostered groups running the boat with assistance from the boat crew. The daily rostered jobs included cleaning the deck, below deck and the galley, making and serving our meals including breakfast, lunch, or dinner, and sailing the boat.

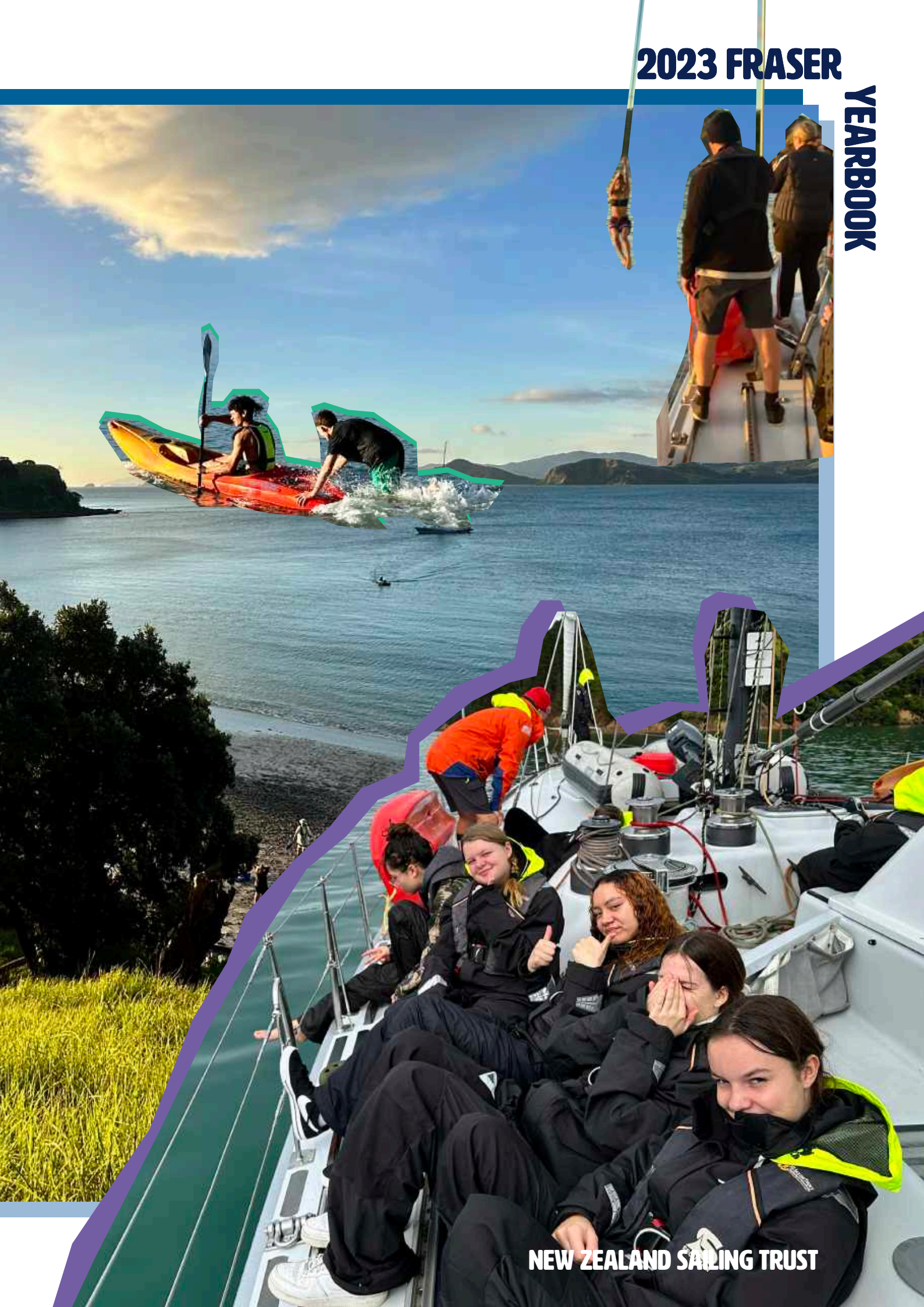
Every day we sailed to a new island, starting with Rotoroa Island, a native New Zealand bird sanctuary. We sailed to Rangipukea on our second day. We ferried across to the island by dinghy, where we played games aimed at building teamwork and communication skills. The following day we went back to the island and did a beach clean-up. Despite how clean the beach looked we still managed to collect three black sacks of rubbish. Later on, we sailed to the northern side of Waiheke Island. From Waiheke Island, we sailed to a beautiful cove called 'Garden Cove', where we put our new knot tying skills to good use, in a raft building contest. The next location we sailed to was Motuihe Island where we parked up for the night. Finally, on the last day, we sailed back to Auckland.

2023 FRASER YEARBOOK

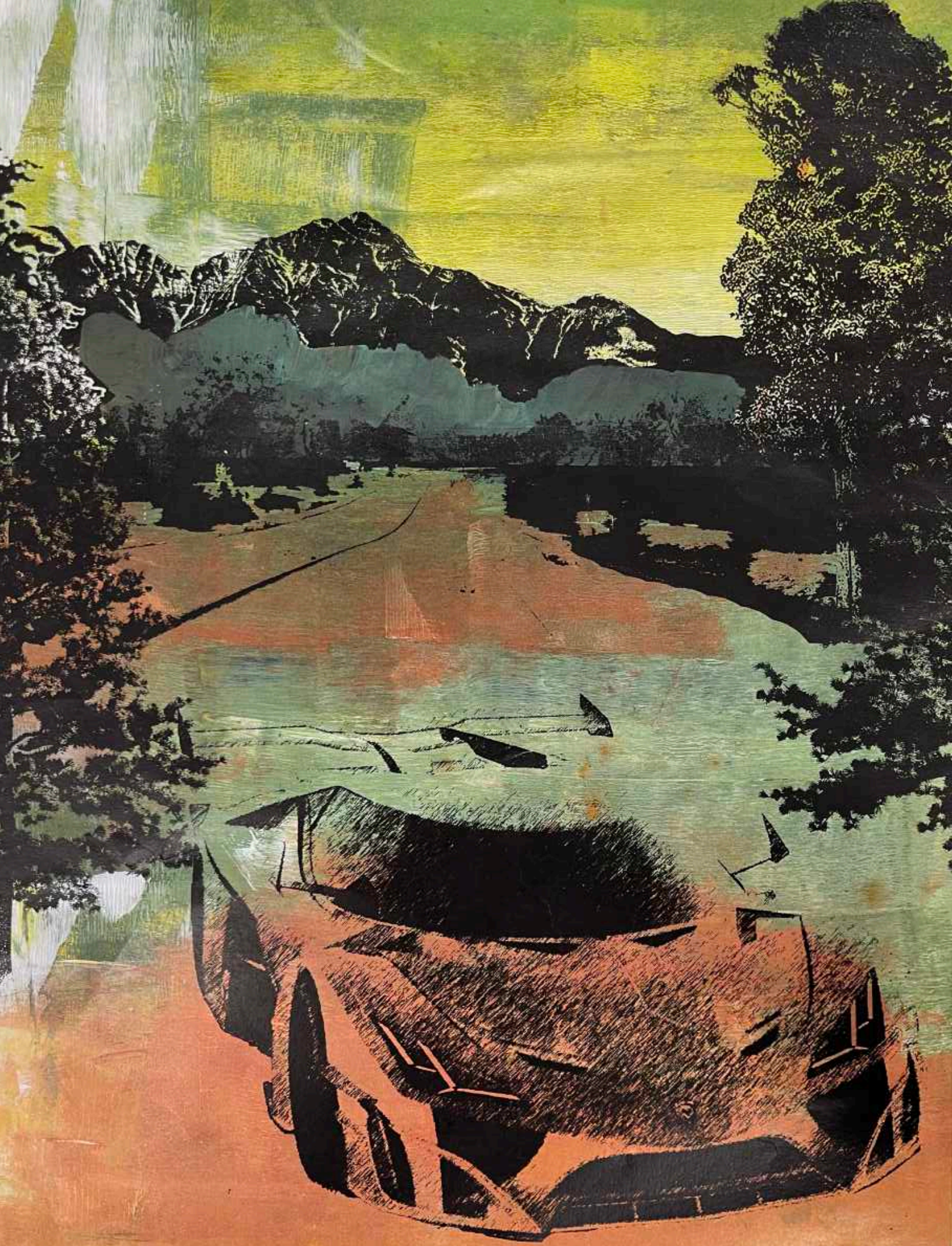


2023 FRASER

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NEW ZEALAND SAILING TRUST



SELWYN TAPATUETOA



TE WIKI O TE REO MAAORI

Te Wiki o Te Reo Māori 2023 (Māori Language Week) marks 51 years from when the Māori Language Petition was presented to Parliament on 14 September 1972. As well as reflecting on our personal journeys with te reo Māori, this week is also a great chance to reflect on the journey of te reo Māori in Parliament. The petition played a significant role in the journey to revitalise te reo Māori by calling for government recognition of the language as a taonga in Aotearoa New Zealand.

On Thursday 14 September, our school gathered to participate in Te Waa Tuku Reo Māori | Māori Language Moment. This momentous occasion is celebrated

throughout Aotearoa. This was a wonderful experience being surrounded by students and teachers, singing a well known waiata about unity, 'Tuutira Mai Ngaa Iwi'. It was a great opportunity for our school community to come together in celebration of the Māori language.

"Our Māori Language Moment is about gathering as a nation to say we value our indigenous language. We also mark the moment the petition was presented to the parliament in 1972. This is about coming together to reflect on our past, acknowledge where we are now and prepare for our shared future."

- Te Taura Whiri I Te Reo Māori



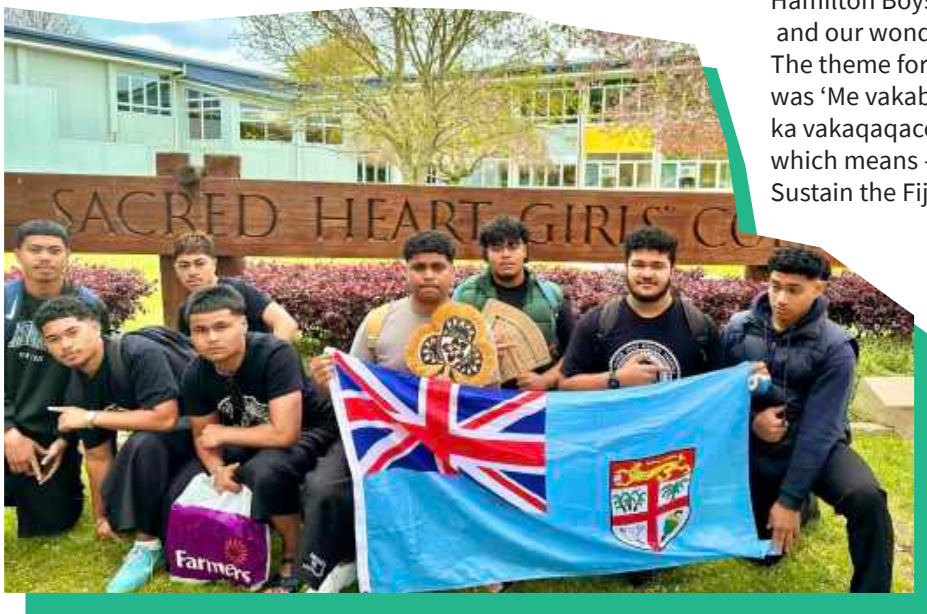
VAIASO O LE GAGANA SAMOA 2023

The theme for this year's Samoan Language Week was 'Mitamita i lau gagana, maua'a lou fa'asinomaga' which means 'Be proud of your language and grounded in your identity'. Fa'afetai lava to our aiga at Fairfield College and ZEAL for coming to celebrate Vaiaso o le Gagana Samoa at Fraser. It was wonderful to come together and share our Fa'aSamoa culture one with another. We ended our assembly celebration with an amazing shared lunch.



FIJIAN LANGUAGE WEEK 2023

Bula! This year, our Boys' Fijian Group performed at Sacred Heart Girls' College in celebration of Fijian Language Week 2023. Such a wonderful way to end a week of festivities by combining with other schools such as St Columbus, Hamilton Boys and Girls High Schools and our wonderful host Sacred Heart. The theme for Macawa ni Vosa Vakaviti was 'Me vakabulabulataki, vakamareqeti, ka vakaqacotaki na vosa vakaviti' which means - Nurture, Preserve and Sustain the Fijian language.



2023 COOK ISLANDS LANGUAGE WEEK

This year we held a special Cook Islands Language week assembly celebration with our anau from Hamilton Girls' High School. We were also blessed to have Uncle Walter, Aunty Tiare and HAMCIA support us with the beautiful Cook Islands drumming. Our hall was beautifully decorated by the Toko family and our Cook Island student leader Matareu led our A1 Performing Group for the very last time. Meitaki ma'ata to our friends at Hamilton Girls' High School for your performances and we look forward to joining with you again next year.

This year's theme for Cook Islands Language Week was 'Ātuitui'ia au ki te au peu o tōku kāinga Ipukarea, which means, "connect me to the traditions & culture of my homeland".



THE UNIVERSITY OF WAIKATO TONGAN LANGUAGE WEEK FIEFIA NIGHT 2023



This was the very first time that students from across Hamilton came together to celebrate Tongan Language Week. What started with an idea from A1 student leaders Tapenisa and Taumafa quickly caught momentum from other schools wanting to join in. With the support from Aunty Sia from the University of Waikato and the approval from Vice-Chancellor Pacific Dr Keaka Hemi we were able to hold our first ever Fiefia Night in the newly built Pa at the University of Waikato.

JAPAN TRIP 2023

For the past ten years, Fraser High School has developed a strong partnership with Hyogo Prefectural Agricultural High School (Kenno High), our friendship school, in Japan. Each alternate year, we are privileged to be able to travel to Japan with a group of students to visit our friends and share our cultures and language.

2023 marked the first time since the COVID pandemic that either school was able to meet in person. Over the course of 14 days in the July school holidays, 12 students and 4 staff members travelled to Japan and experienced the beautiful people, culture, food and traditions that were on offer.

This was a once-in-a-lifetime experience for our students, many of whom had never been on an aeroplane before. We look forward to welcoming our Kenno High School friends to Aotearoa New Zealand and Fraser High School in 2024.

Ella Hastie, a Fraser High School student, recounted her experience on the Japan trip:

“At first, entering a culture unfamiliar to my own, while being surrounded by complete strangers, sounded daunting. I would be lying if I said I wasn’t terrified on the train ride before we met our hosts. It turned out though that my fear was all for nothing. The other Fraser students, and I, were met with nothing but hospitality and love from the beginning. The kindness from my host family will forever stay unmatched, and I’m happy to say that I made a number of lifelong friendships with the Kenno High students. I don’t think I’ll ever forget climbing the steep streets of Kyoto towards Kiyomizu-Dera temple or racing across the crowded street of Shibuya crossing, but the people are my highlight. I hope to return soon.”





HE TUPTU PUA HOU

From 28-30 o Aakuhata, some of our students had the privilege to attend He Tupu Pua Hou Leadership Summit held by Tōia Mai, Te Pukenga. This waananga allowed students to explore leadership through a Maaori cultural world view. Our youth are tomorrow's leaders. Their experiences now shape the leaders they will become tomorrow.



HAMILTON CITY COUNCIL 50 YEARS CELEBRATION

By special invitation, our Senior A1 Boys were asked to perform for the Hamilton City Council for a special 50th celebration. It was our honour to perform a special medley of items that celebrate the Niuean heritage of Mr David Lakua who has diligently served our Hamilton community for 50 years. From all of Aiga Tasi we wish to congratulate Papa Dave,

Nana Lorna and the Lakua magafaoa on the amazing accomplishment. Fakaauae lahi mahaki for the opportunity to be part of this milestone and thank you to Aunty Ioana for inviting us. The Lakua family have had many of their children graduate from Fraser and have always been proud supporters as members of our A1 Parent Teacher Association.



MAAORI AND PACIFIC TRADE TRAINING AT WINTEC TE PUUKENGA

We held a wonderful assembly with our whaanau from Wintec Te Pūkenga - Maaori and Pasifika Trade Training. Ngaa mihi nui to Harris Huntley and his team for coming in to share all the amazing opportunities that are available for our tamaiti such as automotive, carpentry, electrical, engineering, horticulture, plumbing, culinary, business and many more. Our students enjoyed the activity challenge and all the yummy treats. We are grateful for our partnership and look forward to creating many exciting career pathways for our rangatahi.



THE UNIVERSITY OF WAIKATO FOE PROGRAMME

This eight-week programme allows our tamaiti to be mentored by University Pacific students studying in STEM (Science, Technology, Engineering and Mathematics) Vinaka to Aunty Sianiti and her wonderful FOE Navigators for inspiring our seniors.

In our Pacific Languages the 'foe' is a paddle used in a va'a and represents the

effort one must put into each stroke, and a means of steering and propelling oneself forward. The Tokelaun proverb says "Pokotau ki au kapuga - kē mau mai tau foe": Challenge the size of the swirls made by your paddle – that is, strive for excellence and persevere to the end.



A ROYAL MASQUERADE BALL 2023

A NIGHT FIT FOR ROYALTY

Fraser High School's annual ball took place on Saturday 22 July, and the theme for the night was "A Royal Masquerade". The event was highly anticipated and was considered to be the calendar event of the year by our senior students. The Atrium at Wintec was transformed into a Grand Ballroom, with decorations fit for royalty. The students' enthusiasm was infectious, and everyone was dressed to impress in their finest attire, including ball gowns and suits.

The atmosphere was regal and elegant, with the ballroom being illuminated by chandeliers setting the mood for the night. As the music began, the students flooded the dance floor, twirling and spinning with their partners. The night was filled with joyful festivities, striking poses, and laughter.

We want to express our gratitude to the 2023 Ball Committee and all the students who attended. You made the night a success. We also want to thank the staff who worked tirelessly to ensure that the event ran smoothly, and who helped create the magnificent ambience.

Overall, it was a grand occasion and an unforgettable night of dancing with friends and fellow students. The students left with hearts full of joy and memories that will last a lifetime.





A ROYAL MASQUERADE BALL

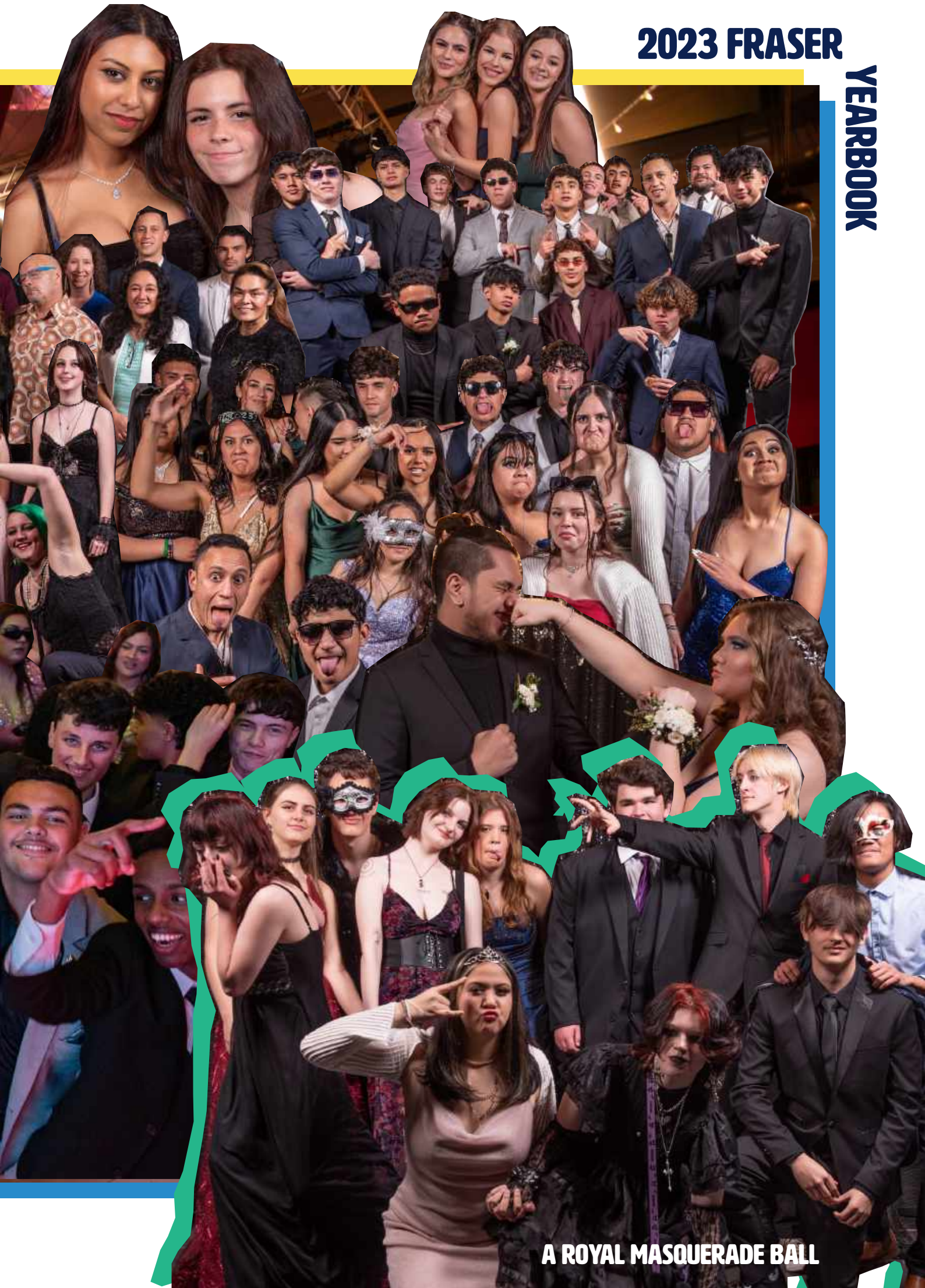


YEARBOOK

2023 FRASER

2023 FRASER

YEARBOOK



A ROYAL MASQUERADE BALL

SENIOR DEBATE TEAM MAKE IT TO THE TOP!

This year, our Senior Debate Team competed in the Open Division, against around 40 other teams from schools across the Waikato. The 'Slayaholic Capybaras', consisting of Olivia Hawinkels (Y13), Acacia Dominguez (Y11), Quill Foreman (Y12) and Rowan Whittaker (Y12) did a fantastic job with some difficult moots, winning 5 out of their 6 debates in the initial rounds.

One of four teams to make it through to the next stage, the Fraser team completed against Hamilton Boys' High School in the semi-finals where they sadly lost in a close and challenging debate, having to negate the motion that "the prize pool for the FIFA Women's World Cup should be the same as the prize pool for the Men's Cup". Although they didn't win, they got some great feedback from the adjudicators and can be very proud of their efforts.

One highlight of the debate calendar was the Super Senior Open day where teams took part in three debates over one Saturday, with no advance hints to help them prepare. A particularly memorable debate saw the team taking on the persona of Christopher Luxon, to argue why he should compete on "Dancing with the Stars" to raise his profile.

The Slayaholic Capybaras had a brilliant season in 2023, and really shone in bringing their personalities to the debate room, making the debates entertaining and enjoyable to watch.

"2023 has been an incredibly exciting year. With very little practice, we somehow still made it to the semis. Although admittedly, I was dreading it, the kids were incredibly excited. For the first time within my five years debating at Fraser, we finally made it into the top. We've faced many challenges and arguments over the years that have left us closer and annoyed at opponents together.

I couldn't be more proud of what we've accomplished and how far we've come."

Olivia Hawinkels
(Yr 13, Head Student 2023)





RELAY FOR LIFE

On Saturday 11 March, a keen team of Fraser Year 13 students took on the Relay for Life challenge.

This annual event, which raises money and awareness for the Cancer Society, requires teams to have at least one participant walking, running or dancing on the 400m track at all times. The relay lasts for 12 hours, from 10am - 10pm, and serves as a reminder that the fight against cancer never stops.

The 2023 event opened with a cancer survivors' lap, and ended with a luminary ceremony, where candles were lit in honour of those who have passed away from cancer. During the day there were activities and entertainment, and opportunities for participants and supporters to remember their loved ones.

Thank you to everyone who made a donation to support the efforts of our Fraser team. Your support makes a real difference for New Zealanders with cancer and their whaanau. Our funds will go to the Cancer Society's supportive care services, education and awareness programmes, and life-saving cancer research.

Overall, Relay for Life 2023 was a great opportunity for our Y13 students to give back to the community, connect as a team, and make a difference to the ongoing fight against cancer. They were a credit to the school, and tireless in their efforts to keep the team baton moving for all 12 hours of the Relay.





TURBO TOUCH CHAMPIONSHIPS

On Friday 23rd June, a small, but mighty team travelled to the Trust Arena in Waitakere, Auckland, to compete in the Mixed Grade Secondary School Turbo Touch Championships 2023. The team played outstandingly, making it through the round-robin tournament to win all their games, placing second overall. Miiharo!



WAIKATO SECONDARY SCHOOLS TURBO TOUCH TOURNAMENT

The inaugural Waikato Secondary Schools Turbo Touch Tournament held 11 August was a huge success! We were stoked to have the opportunity to host the tournament at Fraser High School Gym and were delighted to see many schools come together to participate in the event.

A total of 200 students and 8 referees took part, representing 8 schools. The players competed in three different categories: open boys, open girls and open mixed. It was an amazing day and we couldn't be happier with the turnout.

Congratulations to our Fraser teams who placed in the tournament:

Mixed Grey Team placed 3rd

Mixed Blue Team placed 6th

Junior Boys Team placed 5th.



SENIOR MATHEMATICS COMPETITION

New Zealand Association of Mathematics Teachers, Victoria University of Wellington, and Casio collectively sponsored and organised the national Senior Mathematics Competition in 2023. The competition was open to senior students from Years 11 -13 and took place on 10 August.

Fraser High School formed three teams to participate in the Senior Mathematics Competition on the day. The teams consisted of Mia Duffin, A.J. Roberts and Joseph Harpley in the Year 11 team, Xiandrevk Gines, Grace McLennan, Dylan Turner, and Jack McCoy in the Year 12 team, and Thomas Garder and Kafi Ashkir in the Year 13 team.

The ninety-minute competition included questions beyond the general curriculum that demanded critical thinking, creative thinking, problem-solving and sense-making skills.

We are very proud of having these curious young minds and appreciate their role model in holding Fraser High School's value: Dare to Succeed. Special thank you to Mrs Claro for co-ordinating the event.





CASIO WAIMATHS COMPETITION

The Waikato Mathematical Association hosted Casio WaiMaths Competition on 8 August 2023. The Ministry of Education and the New Zealand Association of Mathematics Teachers sponsored the competition, and the University of Waikato provided the venue at the Gallagher Academy of Performing Arts.

Fraser High School sent Rachel Walmsley, Poppy Turner, Wynter Buisson, and Melanie Degarnham in the Year 9 team, Kelly Liu, Ethan Hunt, Luokas King, and Alex McCooy in the Year 10 team, and Mia Duffin, Isabel Smith, and Rebekah Gardner in the Year 11 team.

Our students had amazing experiences competing with the top mathematicians in Waikato. It was an eye-opening and exciting adventure for our students. They were inspired by each other and the best from other schools. Students learned the power of teamwork, the importance of good communication, and most importantly, an attitude of never losing spirit. Our students' sense of humour greatly impressed the judges when they read their thank-you notes.

A big thank you goes to the leader of this event, Mrs Mary Ann Claro. Her tireless preparation and liaison between students, parents, and staff are hugely appreciated. A big thank you also goes to Miss CarolLee Brusati for her support.





FLIPPING THE SCRIPT ON BEING A YOUNG PARENT

Earlier in the year, a group called the Waikato Wellbeing Project came in to talk with us about how we can “flip the script” on what it means to be a young parent. Being a young parent comes with struggles, such as judgement, lack of financial support and finding housing. We talked about creating a short documentary to share with the community and the people who are likely to work with young parents such as hospitals, midwives, Ministry of Social Development (MSD), Te Kainga Ora and more.

Young parents face a lot of stigma and we want to make people more aware of what we go through. In the documentary, we talked about the challenges we face, like being looked down on for being young parents, discrimination by healthcare providers and not being able to find safe housing. As a result of this documentary, MSD has decided to review some of their policies. I hope that health care and housing providers also decide to make changes.

The experience of creating a documentary was interesting. It was tough to open up and tell my story and about my situation publicly, but it was worth sharing to help others in my situation.

“WHEN YOU JUDGE OTHERS, YOU DO NOT DEFINE THEM, YOU DEFINE YOURSELF”

- Written by He Puaawai Learner Eva Clarke



Scan the QR code to
watch the full video
on YouTube.





A LUNCH TO CELEBRATE OUR FILIPINO STUDENTS

The Fraser High School Hauora Centre organised a lunch to celebrate the significant increase in the number of Filipino students in our school, an almost 100% increase. More than 45 students, including our new arrivals, attended the event. We wanted to help the new students settle in and feel welcomed. The students enjoyed spring rolls, mini hot dogs in banana sauce and mayo, and Ube cake. Our staff tried Ube cake for the first time. With more students expected to join next year, the school is planning to organise more of these events in 2024.





CULINARY FARE

The Waikato Culinary Fare is an annual event, hosted by the Culinary Arts programme at Wintec, in which students from schools across the greater Waikato compete in a series of live cooks and pre-baked static buffet selections. These are judged by professional chefs from the hospitality industry, and the competition is an exciting opportunity for students to learn and experience catering at this level.

This year, we had a number of students enter in various events with most winning medals. Several Year 9 students entered into the Mystery Box live event, a high pressure commercial cooking environment. All students acquitted themselves well, creating a dish from ingredients made known to them only 30 minutes before they began cooking. The judges even went back for a second and third taste.

We are very proud of all our student contestants. All static buffet contestants won medals for their cupcakes, café cakes and cold dessert. Well done!

MYSTERY BOX

Shelby Betts & Tegan Blackley	Merit
Maia Rapana-Rimmer & Kyla Boyd	Merit

CAFÉ CAKE

Olivia Mulligan	Bronze medal
DJ Anderson	Silver medal

COLD DESSERT

Justina Tuarekura	Bronze medal
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CUPCAKES

Logan Leslie	Bronze medal
Jazmyn Meha	Bronze medal
Gabriella Formo	Bronze medal
Ellie Reid	Bronze medal



ANZAC COMMEMORATIONS

Anzac Day is an occasion to honor the brave men and women who sacrificed for our country. This year, we paid our respects and showed our gratitude for their sacrifices by attending the Dawn Parade and gathering for a commemorative assembly. The assembly was attended by all students and staff, and it was a reminder of the bravery and courage of those who served. It was a reminder of the importance of remembering our past. Lest we forget.

“Attending this year’s dawn service was a surreal experience. Being able to see my peers, families, friends and strangers unite to commemorate those who once fought for us was an incredible experience that I will not forget. I am grateful that we as a country continue to celebrate Anzac and remember the fallen soldiers that fought for our nation. Lest we forget.” - Keira Landon, Head Student.





APOLLO PROJECTS SPORTS GRANT

In 2023, Apollo Projects Sports Grant provided Fraser High School students with sponsorship of \$24,479.00 per annum, enabling them to access sporting opportunities that they may not have been able to afford themselves due to financial constraints.

The Boys' Premier Basketball team and Raiha Hepi, the New Zealand mixed U18 touch team representative, were featured in a promotional video for Apollo Projects, in which they shared their gratitude for the sponsorship and how it positively impacted them. The video also featured Paul Lloyd, Director/CEO of Apollo Projects, and Rob Waddell, NZ Olympic Gold medalist, who manages the initiative.

Congratulations to all the Fraser sports teams and individual students who received sponsorship, and a big thank you to Apollo Projects for supporting our sports community. Thank you Apollo Projects for supporting our rangatahi.





NETBALL UPPER NORTH ISLAND TOURNAMENT

The Fraser Netball Team participated in the Upper North Island Netball Tournament (UNISS) at our home courts, Minogue Park, during the last week of August. This year for the very first time, local teams held a powhiri for guest teams, and our Fraser Taniwharau team served kai to over 500 manuhiri.

With only four members of our 2022 UNISS team carrying over, this year's tournament team comprised mostly first-time UNISS players. They comprised players from our Year 10A and Premier teams and were brought together just six weeks before the tournament. It took the team a day to find their connections and trust in each other, but they continued with pure grit and determination throughout the week-long tournament.

The final game of the tournament was a real showcase of how far the team had come, going into double overtime to walk

away with a win over our opponent. This was the perfect way to farewell our Year 13 players who have given their heart, mind, body, and soul to represent Fraser Netball over their years at school.

I would like to give a special mention to Danielle Taylor, Ella Houghton (tournament captain), and Ella Clark, who have played for our Elite Fraser teams since year 9. Their contribution to Fraser Netball through leadership roles and coaching has been an asset to our programme.

We would like to thank our coach Michelle Paama, who has coached the Hamilton City U14 team (2nd NZ) and is currently coaching the Waikato Tainui U16 team, in addition to being a volunteer coach of our Premier team. We appreciate your time, knowledge, and generosity to Fraser Netball.





FRASER'S NZ YOUNG ENTERPRISE 2023

The NZ Young Enterprise 2023 programme at Fraser High School showcased an impressive array of innovative and enterprising ventures, with teams like Cheeky Chocolates, Boarded Up, and KHM Creations at the forefront of entrepreneurial excellence. This review highlights their achievements and contributions to the business world.

1. Cheeky Chocolates: A Sweet Triumph

Cheeky Chocolates (Khushi Sehgal CEO and Production Manager Jason Cheng) a team brimming with creativity and zeal, emerged as a standout performer in the NZ Young Enterprise 2023 competition. Their remarkable third-place national victory in Challenge 3: Promotions and Sales is a testament to their exceptional marketing strategies and the delectable allure of their chocolate-based products. The team's dedication and innovation truly set them apart, leaving a lasting impression on the competition and establishing their brand as one to watch.

2. Boarded Up: Building Success One Step at a Time

Boarded Up, another promising business from Fraser High School student Kalib Flavell, demonstrated a strong entrepreneurial spirit throughout the NZ Young Enterprise 2023 program. Kaleb's commitment to creating unique and practical solutions was evident, leaving a mark on the local business landscape. While he may not have secured a national placement, his efforts and determination were an inspiration to all, reflecting the true essence of the Young Enterprise initiative.

3. KHM Creations: Crafting a Bright Future

KHM Creations was run by Kylar Mancer who exuded creativity and originality. She made a memorable impact within the NZ Young Enterprise 2023 program. Her innovative approach to crafting and artistry showcased her passion for creating unique products. Although she faced formidable competition, her participation was an embodiment of the entrepreneurial spirit, leaving a lasting impression on all those who encountered her creations.

Overall, the NZ Young Enterprise 2023 program at Fraser High School showcased the immense potential and talent of young entrepreneurs. Cheeky Chocolates, Boarded Up, and KHM Creations each demonstrated exceptional drive and ingenuity, reminding us that the future of business and innovation is in capable hands. The experiences and lessons learned during this program will undoubtedly shape these young minds into the successful business leaders of tomorrow.

MARKET DAY

On the night of 27 July 2023, Fraser High School Business students from Years 11-13 participated in an assessment activity where they took on the challenge of creating and selling their own products. With over 25 stalls, the students impressed with an incredible display of creativity and business savvy. The enthusiasm from both sellers and customers was truly inspiring. The Business Studies teachers were proud of each and every one of their students and their hard work. Thanks to everyone who came out to support the Business students. A special shout out to Mrs Atkinson for the planning and organisation of this wonderful event.

Keep an eye out for their online businesses as they continue to make their mark in the world of commerce. Non-Business students who attended the event expressed their interest in taking Business Studies next year. Overall, it was a great success!

CONGRATULATIONS TO THE WINNERS

Best Stall: Levi from Smithers

Best Quality Product: Adarshitha from Candelicious

Best Patter: Nathan from Rubber Arms





A DEADLY MEMOIR

RUBY

The sun caresses my arms and face, inviting back the memory of sitting on the crisp, lush lawn in the summer.

I grin at the memory - at least I try to. I just end up spitting out more blood followed by a few weak, strangled coughs. Head lolling to the side, I squint at the landscape before me: dry, crumbling rock hills with not a speck of green in sight. Pebbles tumble from the dirt hill tops and dust swirls in the slight wind sweeping across the barren landscape.

The woefulness of remembering starts to bite again. I squint again to block out most of the light and make a good attempt to raise my arm, which shoots an unbearable pain up one side. I groan and roll my head. My eyes widen and the brilliance of the sun's rays washes out of my memory as I gape in horror at the way my forearm is bent towards me at an unnatural angle. My stomach drops and suddenly my body feels too heavy to bother moving at all. I flutter my eyes shut to think and give myself an ultimatum: get up no matter how much it hurts, or stay here and die.

There were many times in my life where I almost gave up; I almost gave up on my dream job, almost gave up on school at least twice every day, but this time it's just one thing too many.

I can hear the crows now. They're screaming, screaming too loud, like I would if my body wasn't so damn useless right now. I hear one's wings flutter and it lands next to me, head tilting to the side, one beady eye studying me. It squawks. I can see more of them landing around me now. The murder's coming, coming for me. They begin to poke me with their pointed beaks, their deadly talons gripping onto my arms as they attempt to balance on me, speckling bright red spots over my skin. There's so many of them on me now that they've blocked out the sun, or maybe pecking out my eyes has done that.

They think I'm dead.

I think I'm dead too.

WEARABLE ARTS WAKA COMPETITION

WINNER: WASTE & GLOBAL WARMING ON OUR OCEANS

Our school Waka competition was a Tutor Group challenge to create a spectacular piece of fashion crafted from recycled materials. During the term, students and teachers worked collaboratively to design and create outfits that both told a story, and highlighted our value of 'Daring to Succeed'.

This culminated in a Wearable Arts runway event that brought the whole school together. From seascape designs, to knights in shining armour, the students and staff proudly displayed their work. Waka spirit shone strongly with winners from each of their waka groups: Aotea 16, Te Arawa 13, Tainui 05, and the overall winner: Tokomaru 16 with 'Ocean Offender'. Their piece demonstrates the effects of human behaviours, waste and global warming on our oceans.

Congratulations to all participants for their exceptional work and amazing talent.



YEARBOOK



CREATIVES AT WORK



SARAH NAISH

WINDOW WARS

Term Two's school Waka competition saw our Tutor Groups challenge each other to depict their Waka and themselves in a visual display in their class window. These displays were evaluated based on teamwork, mind-blowing creativity, WOW factors, and originality. The mighty judges carefully selected the top seven contenders from a pool of incredible entries and it was then put to social media to decide the winner. The Junior Group Room winner AND Overall winner was Aotea 14 & 15.

Aotea 14 and 15 is made up of the Year 9 and 10 students from our Aiga Tasi Pasifika programme. Our window represents the strength we have as LEADers of the Pacific, channelling the skills and knowledge of our ancestors who were great navigators of the sea. Our ancestors used the stars, Matariki, the sun symbolised in our Aiga Tasi logo, the birds and the ocean currents to voyage across the Pacific. The blue flowers on our window were individually created by our students and have written on them the leadership qualities each student believes they possess as future LEADers of our community.





FRIENDS WITH A TANIWHA

TEAHUA POPHAM, Y12

The day we met, school had finished and I decided to sit on the bank and let my legs trail in the river. My greenstone taonga came loose and flung into the water. That's when I saw the Taniwha for the first time. Seeing a slithery creature climb out of the water and shapeshift slowly into a human child was definitely not something you see everyday. But I didn't think anything of it. I wasn't scared. It was like I always knew him. And after that day, we became close friends.

Everyday after school I would head straight for the river and Korio was there to greet me. I'd tell him about school, and feed him my peanut butter and jam sandwich. Later, I'd tell my Māmā I ate it. During summer, I'd jump in the river and swim about with Korio, chasing after the ika under the water. And in winter, I'd huddle on the riverbank and chat with him.

I thought that me and Korio would be together forever, having fun everyday without a care in the world. But all good things must come to an end right? Because when I became a year 6, I had to move house, and school. I remember crying in my mum's arms like a wimp because I didn't want to leave Korio behind.

My footsteps to the river on the last day were heavy. Not only was I upset about leaving my school friends behind, but I'd have to say bye to Korio. I held in those tears as long as I could. But when I saw him sitting on the riverbank waiting for me, my eyes felt as if they were snapping. Korio looked confused, and I felt a cold arm wrap around my shoulder.

"What is the matter? Why do you cry?" Korio asked, concerned.

"I'm moving to another city. I won't see you ever again!" I sobbed.

"Don't worry. We will meet again," Korio replied, with determination. "If you don't come back one day, I'll just leave the river and find you instead."

Hearing those words made me feel a little happier. "Bye Korio." I sniffed. I turned my back, and started walking away, when I heard a shout. I turned around and saw Korio out on the footpath behind me.

"Kia tupato I runga I te huarahi!!"
(Be careful as you travel on the road!)



INCOMPARABLE GATEWAY PROGRAMME

Here at Fraser there are opportunities for students to explore beyond the classroom. The Vocational Learning Team is there to help students connect with tertiary providers and businesses that host open days or provide work experience.

The Puatala-facilitated 'Incomparable Gateway Programme' focuses on the well-being and personal skill development of our students as they transition to the workforce or further education. We were thrilled to welcome back Rebecca Pae Jaram from Puatala Whaanau.

In Terms 2 and 3, our Year 11 Aiga Tasi students attended a two-day workshop at the Vocational Learning Centre and participated in a three-day work experience trip to different job sites. Upon completion, students received credits towards NCEA Level 2.

"Fa'afetai lava to our Puatala Aiga (family) for creating these amazing learning opportunities for our tamaiti." - Aiga Tasi





ENGINEERING IN ACTION

The Wintec event 'Engineering in Action Day' was informative and inspiring, with former Wintec engineering students sharing valuable insights. Our Fraser students also had the privilege of touring APL Cambridge and Convex Innovative Packaging. The quote of the day was 'Attitude is everything,' which is so true!



ANIMATE OR ACTION!



**YOUNG CREATIVE MINDS
SHOWCASING THEIR TALENTS**



**VISIONARIES USE EVERY TOOL
TO BRING THEIR IMAGINATIONS
TO LIFE ON SCREEN**







REVER BAND DEBUT

Rever has been together since May 2023. Just after the school production when Gwyn (guitar) and Rico (vocals) were on the hunt for some more members, we had a jam with Max (bass) and Ty (drums) and they were in. Then later down the line came Elijah (guitar). We take inspiration from reggae/indie/ rock bands like Ocean Alley and LAB. Most of our songs start off with just an acoustic guitar and a bit of singing. Then we throw it together with the band and you have a Rever song. We can't wait to get our first song on Spotify in time for the summer.

We had a blast playing at The Tuning Fork in the New Found Sound finals, and we were so happy to receive the audience choice award for the night. It was so cool being able to share a couple of our songs. We would like to give a big thank you to all of those who came and showed us support.





YOUNG SINGERS IN HARMONY NATIONAL BARBERSHOP COMPETITION

This year Fraser High School combined with Hamilton's Sacred Heart Girls' College and formed the chorus Manawa. Our Fraser girls learnt the songs in 2 weeks. Then it was time to learn the Barbershop craft. To sing Barbershop requires a definite skill set. This really pushed our girls out of their comfort zone. Our rehearsals with SHGC were fun, inspiring and filled with a bit of laughter as the girls got used to 'performing'!

The YSIH Regional Barbershop Competition held in June saw Manawa take out 1st Place. That meant we qualified for Nationals! WOOHOO!

Preparations stepped up. More rehearsals filled with singing, refining, laughter, learning to sustain a smile, showing emotion, holding notes, singing diphthongs, nailing the stomp and moving and swaying in the right place. The list of things to remember was long.

In September we traveled to Auckland for the YSIH National Barbershop competition. We won 1st Place in the Upper Voices Competition and Overall Champions. A special thank you to Lynn Jamieson chorus director extraordinaire. We are National Champions!

Mrs Marilee Matenga
Leader of Learning: Music & School
Production Director



YEAR 10 RAGLAN BEACH EDUCATION

All Year 10 aakonga have had the opportunity to experience Beach Day. On Tuesday, November 7th, our class, had our water safety day at Raglan, organised by Mr. Ben Deane and Miss Kylie Mulcahy. Half of the class began in the water with guides teaching them how to surf, while the other half engaged in beach and safety games. Everyone wore smiles, laughter filled the air, and relished the new experiences.

By Renee Naish and Eden Titchner







FINAL MESSAGE FROM OUR TUMUAKI

Congratulations to all our students and staff for successfully achieving their goals this year, including the unexpected triumphs. While NCEA, literacy, and numeracy are undoubtedly essential, so is personal growth, awareness, and strength, grounded in values that uplift individuals and, in turn, benefit others.

Our whaanau, families, parents, and caregivers are the unsung heroes and superpowers behind their child's success at school. I deeply respect the struggles of our parents/caregivers, especially in the current economic climate, and their remarkable support for their children.

I commend our students, their whaanau, and our staff for consistently cultivating and strengthening their resilience, and successfully overcoming the challenges that come their way.

Highlights of the year are numerous. We continue strengthening our connections with tertiary and workplaces, supporting our Year 12 and 13 to launch confidently into the future. This is the first year since COVID we have had the joy of all our traditional events such as the Ball, productions, prizegivings, trips, and fundraisers. It has been my privilege to attend many of these events.

May our Fraser whaanau enjoy the best holiday break and always be safe.

Kia tau te rangimaarie ki a koutou,

VIRGINIA CRAWFORD
PRINCIPAL

YEAR 9



YEARBOOK

2023 FRASER

CLASS OF 2023

YEAR 10

2023 FRASER

YEARBOOK



CLASS OF 2023

YEAR 11



YEARBOOK

2023 FRASER

CLASS OF 2023

2023 FRASER

YEARBOOK

YEAR 12 CLASS OF 2023



YEAR 13



YEARBOOK

2023 FRASER

2023 FRASER

YEARBOOK



CLASS OF 2023



LEAVE A SIGNATURE



YEARBOOK

2023 FRASER



**2023 FRASER
YEARBOOK**

LEAVE A MEMORY



FRASER HIGH SCHOOL
Te Kura Tuarua o Taniwharau